The Angel resident

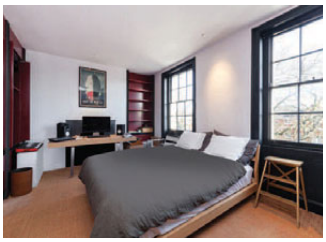
May 2016

SADIQ KHAN & ZAC GOLDSMITH
The battle to become London Mayor

Enjoy Islington's finest outdoor spaces

French ties

Interior design inspiration from across the Channel



Highbury Park

Highbury N5

A truly amazing penthouse apartment arranged over the top 2 floors of this elegant, wider than average, Grade II listed Georgian end of terrace house. An industrial style metal staircase leads to the stunning roof terrace which boasts views right across the London skyline.

EPC rating D

£1,600,000 guide price

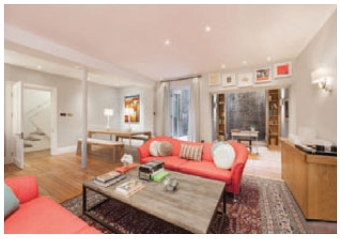
freehold

SALES

020 7359 9777

sales.islington@chestertons.com

CHESTERTONS
Islington



Greenman Street
Islington N1

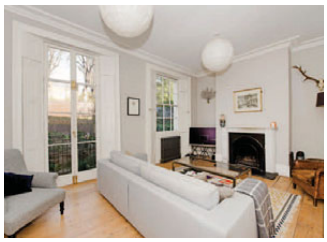
A unique house offering superb lateral accommodation arranged over just 3 floors & with a stunning roof terrace. Converted from a former Public House & retaining a number of the original features.

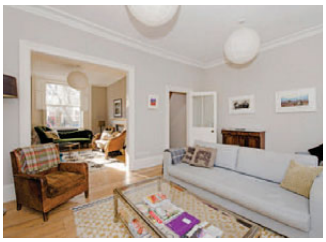
EPC rating D

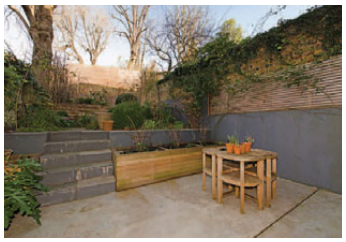
£2,500,000 guide price
freehold

SALES
020 7359 9777
sales.islington@chestertons.com

A member of OnTheMarket.com







Wharton Street
London WC1X

£1,500 per week/
£6,500 per month

This outstanding house presents 4 double bedrooms, 2 large bathrooms & an abundance of living space. The property further benefits from wood flooring, a large terraced garden & great attention to detail throughout.

EPC rating E

LETTINGS
020 7266 4221
lettings.islington@chestertons.com

CHESTERTONS
Islington

Blue Court, Sherborne Street
Islington N1

£395 per week /
£1,711.66 per month

Mitchison Road
Islington N1

£525 per week /
£2,275 per month

Myddelton Square
London EC1R

£775 per week /
£3,358.33 per month

Claremont Square
Islington N1

£945 per week /
£4,095 per month

Additional tenant charges apply: Tenancy agreement fee: £222 (inc. VAT)
References per tenant including credit check: £60 (inc. VAT)
References per guarantor including credit check: £60 (inc. VAT)
Inventory check (approx. £100 – £250 inc. VAT dependent on property size)
chestertons.com/property-to-rent/applicable-fees

A member of OnTheMarket.com

tiles etc.

SALE NOW ON

tiles etc.

020 7354 4800
4 Shillingford Street, London N1 2DP

www.tilesetc.com | angel@tilesetc.com

The Angel resident

theresident.co.uk
Avon House (5th Floor), Kensington Village,
Avonmore Road, London W14 8TS 020 7605 2200

Publishing Director
Caroline Vernhettes

Editor-in-Chief
Vicky Mayer

EDITORIAL

Editor Mark Kebble
mark.kebble@archant.co.uk
Editorial Assistants Bethan Andrews, Madeleine Howell, Rachel Mantock
Art Director Andrew Pye
andrew.pye@archant.co.uk
Senior Designer Joseph Ross
joseph.ross@archant.co.uk
Acting Digital Editor Victoria Purcell
victoria.purcell@archant.co.uk

ADVERTISING

Commercial Director
Eddie Pearce
020 7605 2286

DISPLAY
Senior Advertising Manager Heather Jones-Hughes
heather.jones-hughes@archant.co.uk
Account Manager Steven Ford
steven.ford@archant.co.uk
Senior Classified Executive Janine Goldich
janine.goldich@archant.co.uk

PROPERTY
Property Manager Gareth Owen
gareth.owen@archant.co.uk
Sales Support Co-ordinator Jessica Bardini
jessica.bardini@archant.co.uk

DISTRIBUTION
Logistics Manager Ryan Michael
ryan.michael@archant.co.uk

Contact us at theresident.co.uk. Follow us on Twitter @angelmag and facebook The Resident London

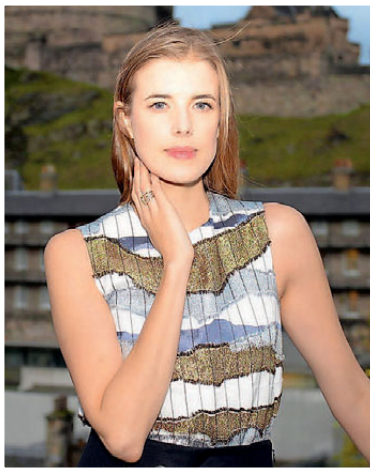
Send your competition entries to competitions@theresident.co.uk

ARCHANT LONDON

PPA
The voice of professional publishers

Archant is a community media company that works with hundreds of local, regional and special interest communities. Archant – the voice of your community. The Angel Resident and its journalists are committed to abiding by the Society of Editors Code of Practice.
If you have a complaint which can't be resolved by the editor Mark Kebble (mark.kebble@archant.co.uk) please contact the Independent Press Standards Organisation, c/o Halton House, 20-23 Holborn, London, EC1 2JD, or via complaints@ipso.co.uk.
More information about IPSO and its regulations can be found at www.ipso.co.uk

Distributed in Islington, Angel, Canonbury, Barnsbury and Highbury Park



COVER IMAGE: BOCA DO LOBO

ON THE COVER

14 Zac Goldsmith or Sadiq Khan: who gets your vote? Both have their say in exclusive interviews

21 Perhaps we are getting a little carried away with the longer days, but here's our five favourite outdoor spots in North London

50 Paris may be the height of fashion and cool, but French interior design is hot too

People & Places

24 Agyness Deyn the actor? We look to see if the (former) supermodel has left the catwalk behind for good

28 Five pages dedicated to the best of Clerkenwell Design Week

Homes & Interiors

36 With a new flagship Angel store on the horizon, Abigail Ahern explains what comes first

38 Your bathroom should be the ultimate escape, so here are four pages of inspiration

44 Inside a quite stunning and glam Parisian apartment

Gourmet

56 Hitting the heights at the fabulous Duck & Waffle

58 Why superfoods aren't so great for Tom Parker Bowles

60 The latest food and drink news from around Angel, including a tasty new Mexican opening

Lifestyle

63 Shona Wallace's latest health and fitness news examines the latest fad: Pilates and HIIT

65 How to ensure your bright child doesn't fall behind in class

Property

67 A rather colourful home on St Peter's Street that mixes the past and the present

68 We chat to an estate agent with a difference: David Gwinnutt of Currell on his double life as a talented photographer

69 Our property of the month celebrates a fully restored Georgian terrace home

Fellows

Established 1876

Auctioneers & Valuers
Antiques | Jewellery | Watches

An extremely rare Charles Frodsham 'Campaign' mantel chronometer, circa 1930. Estimate £3,000-5,000

An Auction of Antiques & Fine Art

Monday 23rd May at 10am

View auction catalogues online & sign up to bid **www.fellows.co.uk**

FOR FREE VALUATIONS VISIT WWW.FELLOWS.CO.UK/VALUATIONS

Mayfair Office | 2nd Floor, 3 Queen Street, London, W1J 5PA | 0207 127 4198
Jewellery Quarter Saleroom | 19 Augusta Street, Birmingham, B18 6JA | 0121 212 2131

fellowsauctions

Letter from the EDITOR

Has it really been eight years since Boris Johnson, or BoJo as I always have to call him, was elected into City Hall? Wow, time flies. I do remember rather vividly the campaign trail preceding that, with the rather dull and dry Ken Livingstone held up against a Tory 'buffoon' who was often labelled as a bit of a joke. I put my faith in that buffoon and think he's done a pretty good job in what must be a rather demanding role.

So, who has what it takes to fill BoJo's shoes? Zac Goldsmith, the wealthy fellow who was thrown out of Eton, but has clearly charmed the residents of Richmond? Or the man of the working class, Sadiq Khan, who comes from a humble background and has emerged (at the time of writing) as the firm favourite. I am on the fence and if you are too, why not read our exclusive interviews with both from page 14 to see if they can sway your decision when the time comes to cast your vote.

That's a big thing to happen in May, but it can't overshadow the return of Clerkenwell Design Week. We always cover this exciting weekend (I never quite understand why it's labelled as a week though?) and, for 2016, Rachel Mantock – who has been settling into her new role here rather well – has picked out eight designers worthy of your attention, from gilded brass to everlasting kitchens via a use for concrete I have never encountered before. It all starts on page 28.

I have often been miffed that the French are known for their gastronomic talents – surely London has usurped Paris as the culinary capital of the world? – but I was pleasantly surprised to see how thriving its interior design is. Not only do we take a look inside quite a stunning Paris apartment to emphasise that, but also have three pages devoted to how you can replicate the look back here in Islington.

So a new dawn awaits for our capital and we wait with bated breath to see what BoJo's next steps are. At least he will have a little more time to enjoy his favourite restaurant, Pasha, on Upper Street. Have a good month and enjoy the issue.

Mark Kebble, Editor

ELANOR TRAVERS (HAIR) AND ERIN FULLER (MAKE UP), GINA CONWAY PRIVÉ; GINACONWAYPRIVE.COM. PHOTO BY TOM DUNKLEY

MODERN MARIONETTISTS

Puppetry directors Toby Olié and Finn Caldwell are bringing the classic art form into the 21st century with their latest production.

Make the most of the longer days by visiting Regent's Park Open Air Theatre

ARENA

{THE FINEST EVENTS IN LONDON THIS MONTH}

MUTUAL INTEREST

A rather unique partnership goes on show at Flowers Gallery

Find out the connection between Gary Oldman and this month's top Arena pick

WORTH THE WAIT

Duck & Waffle Head Chef Daniel Doherty lets nothing but his creative inclination drive the food

Why Duck & Waffle is worth the wait

HATCH

Creating Outstanding Interiors At Some Of
London's Most Exclusive Addresses

New London Studio Now Open!

hatchinteriors.co.uk
design@hatchinteriors.co.uk

The London Studio
Gainsborough Studios East
Islington, London, N1 5EA

The London Studio, Islington
020 7373 3131
HQ & Warehouse, Essex
01992 574 488
Kitchen Showroom, Cambridge
01223 811 111

Follow us on

ARENA

{THE FINEST EVENTS IN LONDON THIS MONTH}

GEORGE BLACKLOCK, PIETA VIII

MUTUAL INTEREST

A rather unique partnership goes on show at Flowers Gallery

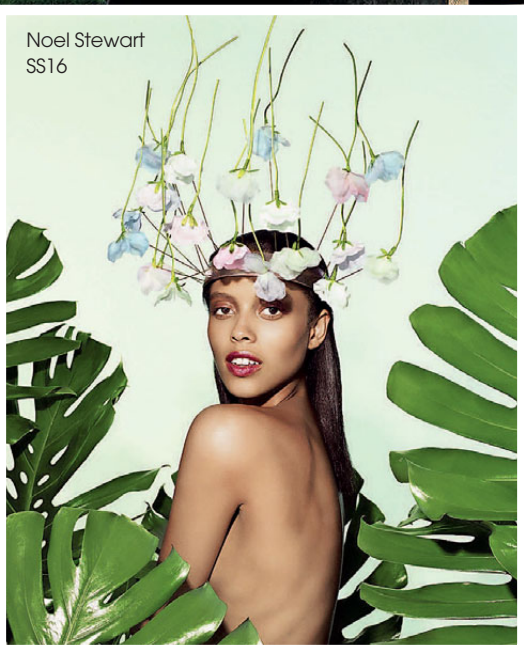
Flowers Gallery is pleased to present a two-person exhibition of paintings and photographs by George Blacklock and Gary Oldman, exploring the mutual creative threads connecting their distinct artistic practices. This will be the first time their work has been presented together in the UK, and Oldman's first major exhibition of photographs in a UK gallery. The two have, for the past 25 years, engaged in a creative dialogue, sharing their respective journeys through painting, acting, filmmaking and photography, scrutinizing each other's work and encouraging the development of new ideas.

Slipping Glimpsers runs until 14 May at 82 Kingsland Road E2 8DP; flowersgallery.com

Lynn Chadwick's 'Sitting Couple'

GREAT OUTDOORS

From 13 May, Pangolin London will present an ambitious exhibition that brings the outdoors in and will convert its sleek gallery space into a lush formal garden complete with trees and water features. Sculpture in the Garden offers a chance to view sculpture in a fresh way.
Kings Place, 90 York Way N1 9AG; 020 7520 1480; pangolinlondon.com



Noel Stewart SS16

Home made

A new selling fair for contemporary craft and design is heading to London from 29 April-1 May. *Made London – Bloomsbury* is a companion show for the Marylebone event that has become one of the top dates for designers in Europe. This spring fair is stripped back, enabling the quality and diversity of the designers' work to be simply showcased in a beautiful setting.
Find out more at madelondon-bloomsbury.org

Craft in the capital

Last year, the first London Craft Week launched with 70 events, 20,000 visitors and a wide cast including HRH The Prince of Wales, Grayson Perry and 350 designer-makers. From 3-7 May the second edition will showcase exceptional craftsmanship from around the world through a journey of discovery programme of 129 events across the City, featuring unknown designers alongside celebrated masters.
Visit londoncraftweek.com for more details

Foodie heaven

Foodies Festival, the UK's biggest celebration of food and drink, returns to Syon Park from 28-30 May. Set within the stunning 200 acre grounds of Syon Park Estate, the festival will feature acclaimed chefs, plus a host of special themed areas including Superfoods, Drinks Theatre and Street Food Avenue.
foodiesfestival.com

MATT SHAW; PAUL HAMPARTSOUMIAN

Well to do
The Tweed Run, world renowned for being the most sartorially impeccable event ever to take place on two wheels, is returning to the streets of London on 14 May. The Tweed Run is a one of a kind spectacular bike ride, with a prerequisite that ladies and gents wear their best tweed 1920s and 30s cycling attire. Sharply dressed individuals in plus-fours, Harris Tweed jackets and bow ties will saunter on two wheels alongside stylishly shod cyclists sporting Merino wool team jerseys, silk cravats and flat caps.
See more at thetweedrun.com

Online
See more May events at theresident.co.uk

Hidden gems
A regular on our artistic calendar, Crouch End Open Studios this year takes place on 7-8 May. There is free entry to all venues involved, where you can view and buy original artwork including ceramics, printmaking, photography, painting, sculpture and mixed media – and judging by past years, you are sure to uncover the next big thing in the art world.
For details, visit crouchendopenstudios.org.uk

SUNKEN TREASURE

The British Museum is to stage a major exhibition on two lost Egyptian cities and their recent rediscovery by archaeologists beneath the Mediterranean seabed. Opening on 19 May, Sunken cities: Egypt's lost worlds will show how the exploration of Thonis-Heracleion and Canopus has transformed the way we look at history. britishmuseum.org

Keeping with tradition
Sadler's Wells' critically acclaimed international festival of hip hop dance theatre, *Breakin' Convention*, is back for its 13th year, once again hosted and curated by Associate Artist Jonzi D. Over the weekend of 30 April-1 May, Sadler's Wells' foyer will be transformed with live DJs, freestyle dance jams, graffiti exhibitions, workshops from top international artists and live aerosol art, with Park Jam also returning on 2 May, an outdoor party suitable for all the family in Spa Fields Park.
Rosebery Avenue EC1R 4TN; 020 7863 8000; sadlerswells.com

The Ruggeds take to the stage

GOING FOR GOLD

Affordable housing for Londoners is top of the list for would-be Mayor Zac Goldsmith, but not before he takes a pop at his rival

Words EMMA HUGHES

Unusually for a politician, Zac Goldsmith is good at saying sorry. When he rings me 20 minutes later than we'd agreed, he's full of apologies. 'I'm not even sure when I was meant to call, but I know it was a long time ago,' he says sheepishly, sounding genuinely contrite – and very, very tired.

The 41-year-old Conservative candidate for Mayor of London is speaking to me from a corridor in a hotel mid-way through filming a video for his campaign. Over the past six months he's made umpteen public appearances while juggling the responsibilities of his day job as MP for Richmond Park and North Kingston, and fatherhood – his youngest child is just two months old. He's clearly running on adrenaline, but insists he's feeling optimistic, despite lagging behind in the polls. 'People recognise that this election matters – we're at a crossroads.'

Even over the phone he's one of the most intense politicians I've ever encountered, with a single-mindedness bordering on the missionary. Although he and Boris Johnson might appear to have fallen from the same tree – both lone-rangers, both from high-profile families, both Old Etonians – you'd never catch him on a zip-wire. Larking about simply isn't his style.

Goldsmith is broadly pro Johnson. 'Boris put London back on the map and made it the most important city in the world,' he says. 'But the problem now – and it's a grave one – is that too many people are being priced out. If that isn't properly addressed this will stop being a dynamic place.' Housing is at the heart

Goldsmith may take a first-time visitor to London to Parliament, but for now he is busy campaigning with Boris Johnson

of his campaign. He wants to double the number of residential properties built each year in the capital to 50,000 by 2020, to enable 'an average Londoner earning an average salary to get the keys to their own home'.

It's an ambitious target – we haven't seen that rate of home-building in London since the 1930s. But he is adamant that it can be done. 'We know that the government owns, through the Ministry of Defence and the Ministry of Justice, huge amounts of brownfield land. The first thing we have to do is to get them to release that, as well as protecting the transport budget to make those sites accessible.' He's also pledged to ensure the night Tube runs smoothly and work begins on Crossrail 2.

Too many people are being priced out of London. If it is not addressed, this will stop being a dynamic place

The next Mayor will have to pull off a delicate balancing-act: improving the property lot of Londoners without alienating the foreign buyers who funnel so much wealth into the capital. Goldsmith says his aim is to promote 'genuinely mixed communities'. At the moment, developers are prevented from marketing their properties abroad for three months – he wants to up this to six, though he stresses this isn't about demonising overseas investors.

Goldsmith gets asked about wealth a lot. His early life has been exhaustively documented: the billionaire father, a 1997 inheritance reported to have been somewhere in the region of £200 million to £300 million. Surely this puts an unhelpful distance between him and the vast majority of Londoners? He doesn't think so. 'In politics you're confronted with all kinds of problems that you need to solve from day one – and there isn't a human being on the planet who's directly experienced all of those.'

He directs critics to his constituents, who he says can vouch for his ability to empathise with – and address – their concerns. 'I've kept my promises to them, and I was rewarded at the last election with the biggest increased majority of any sitting MP. They know that when I say I'm going to do something, I do it.'

Goldsmith grew up in Ham and now lives in Barnes with his wife Alice Rothschild and their two children (his first marriage, to Sheherazade Bentley, the mother of his three eldest children, ended six years ago). In 2010 he gave up the chance to fight a safe Tory seat in Hampshire because he wanted to stand in his (then very marginal) local area. 'It's my home,' he says simply. He knows 'every square inch' of Richmond Park, and the deer appear on his website.

Authenticity is a big thing for him, and it's become the principal stick he's used to clobber his Labour rival, Sadiq Khan, who he's accused of flip-flopping over everything from Heathrow expansion to sanctions against Israel and the mansion tax. Shortly before our interview the two locked horns live on LBC. Today, he's sticking to the script. 'As a city we generate huge wealth, 93% of which goes straight to central government. We then have to beg the Chancellor for some of it back to pay for what we need. So if you want to be an effective Mayor of London you have to be willing to stand up to people. I know Sadiq as an MP, and I don't think there's anything in his record that suggests he's even willing to talk to people outside his own party.'

Although Goldsmith talks fluently about his policies, I don't feel I've got much of a sense of him as a man. So I ask him where in London he'd take a first-time visitor. He says the Houses of Parliament, which is fine, but not exactly a window onto his soul. When pressed, he admits there's something special for him about Borough Market. 'It's so full of life. Very emblematic of London.'

Our time is almost up. The election is just around the corner, so what will he do if he loses? 'I'm committed to spending every second between now and then making sure that people have all the information needed to make a choice.' He pauses. 'I am very clear on my responsibility.'

LONDON COMES FIRST

Sadiq Khan promises to stand up for London over airport expansion and freeze transport fares

BY BEN RILEY-SMITH

He is the Left-leaning son of a bus driver who grew up on a council estate and nominated Jeremy Corbyn for Labour leader – but Sadiq Khan is making a direct pitch to Conservative voters to pick him as the next Mayor of London over Tory Zac Goldsmith.

In an attempt to reach for the centre ground, Khan promises to stand up for London over airport expansion and oppose attempts to impose a 'Robin Hood Tax' on the banks. He takes aim at Goldsmith's lack of experience in business and politics, refusing to apologise for an attack advert that dubbed the son of billionaire Sir James Goldsmith a 'serial underachiever'. Khan also promises to be no Corbyn 'patsy' if he wins office, dubbing the Labour leader's stance on Trident 'wrong' and warning that questioning the police's right to shoot to kill terrorists could have 'huge' negative consequences.

It indicates that Khan is ready to follow in Boris Johnson's footsteps by being a thorn in the side of his party leadership if he reaches City Hall on 5 May. He is currently the bookmakers' favourite after pulling ahead in the polls with populist policy announcements like a freeze on London Underground ticket prices and a fair housing policy for Londoners. 'We pay the most expensive Tube fares in Europe so I'm going to address the concerns London users have by freezing fares over four years,' he says. Khan believes he can do this by cutting down the amount spent by TFL on consultants and agency staff as well as targeting fare evasion.

On providing affordable homes for Londoners (the key policy for both candidates) he is equally gung-ho: 'Our

Khan hits the campiagn trail in his bid to be elected to City Hall

London plan will give first dibs to London buyers before properties are marketed overseas.' He also wants to use GLA and TFL land to build new homes for Londoners. 'These bodies own land equivalent to 16 times the size of Hyde Park so why not use that land to build the homes Londoners need?'

The race to City Hall has national significance too, with Corbyn facing his first major electoral test in May and the Tories looking to win a third successive mayoral election in a traditionally Labour city. Chatting in a room in Parliament with sweeping views over the capital, his definition of a successful mayor, he says, is one who can put aside party affiliations and speak for the city as a whole. 'I am trying to persuade voters to look at me, to look at my experiences, to look at my vision for London and what I would do for London,' he says. 'When you meet and study the best mayors from around the world they are not tribal. What they try and do is to reach across the entire city.'

To do that, Khan says he is ready to take on his party leader to defend London. 'There will be occasions when frankly speaking I disagree with Jeremy,' he says, naming support for a new runway at Gatwick, a belief that businesses can drive job growth and prosperity and 'unequivocal' backing of a reformed European Union as key points of difference.

The job of the Mayor of London is not to be a patsy for George Osborne, David Cameron or Jeremy Corbyn, but to be London's advocate

He also pledges to work with the Tory government to defeat Corbyn's push for a 'Robin Hood Tax' – a fee on buying stocks, shares and derivatives publicly backed by the Labour leader. 'The job of the Mayor of London is not to be a patsy or a spokesperson for George Osborne and David Cameron – as Mr Goldsmith is being – or Jeremy Corbyn or the party, but to be London's advocate to their party and the government,' he states.

The differences between Khan and Corbyn are clearest on defence. On Trident, he is categorical: 'I'm quite clear that I can't foresee any circumstances in which I would vote to unilaterally end our nuclear capability. At a time when Russia's expanded into Ukraine, you've got North Korea testing missiles, I think the idea of getting rid of Trident unilaterally would be the wrong one.' Similarly, Khan stresses the importance of letting police shoot to kill terrorists if they launch an attack in Britain. 'These are split-second decisions,' he says. 'If they are questioning in that microsecond whether they could get in trouble that could lead to adverse consequences.'

The race for London Mayor has been characterised by some as a battle of backgrounds: Khan, the son of immigrants raised on a council estate, versus Goldsmith, the Eton-educated child of a billionaire financier. Khan insists he will not criticise Goldsmith's upbringing, saying 'none of us are responsible for who our parents are', but defends an attack on Goldsmith where he branded his opponent a 'serial underachiever'. 'I won't apologise for comparing Zac Goldsmith's adult experiences [to mine] in relation to business – or lack thereof – and in relation to politics,' he says.

There has been some criticism of Khan's stilted TV interviews, but in person he speaks fluently with charisma. His most emotive comments come over fears his two teenage daughters could be groomed online, demanding the government acts more swiftly to shut down IP addresses being used for promoting extremism. 'If, God forbid, I was under any suspicion that they were being groomed sexually, a parent would have no hesitation in reporting to the authorities and taking away their computer. Why aren't we treating radicalisation in the same way? This is really important.' Khan also has a novel approach to help tackle radicalisation: promoting British Muslim 'role models' such as One Direction's Zayn Malik and *The Great British Bake Off's* Nadiya Hussain to inspire children.

Like Goldsmith, Kahn is keen to make it clear that if he wins, he will be his own man in City Hall: 'I've got my own mandate for the job,' he concludes.

THE TELEGRAPH/THE INTERVIEW PEOPLE

THYME & LEMON
TAPAS BAR

★★★★★

"WOW!!
What an amazing tapas bar, the best I've ever had.
I cannot wait to go back. Well done Thyme & Lemon"

Tripadvisor *Review*

THE FINEST NEW TAPAS & COCKTAIL BAR IN THE HEART OF ISLINGTON'S UPPER STREET!

Our passion is to constantly serve our guests authentic and mouth watering Basque, Catalan and Iberian classic tapas dishes with our own unique and innovative twist. We are a buzzing, casual and fun hangout where you can eat, drink and even dance the night away!

ENJOY OUR HAPPY HOUR WITH 2 FOR 1 ON ALL COCKTAILS

Choose any two cocktails for the price one! Sunday to Friday 4.30pm to 7.30pm.

/thymeandlemon **Reservations:** 020 7704 6855 **Or visit:** www.thymeandlemon.co.uk

139 Upper Street, Islington, London, N1 1QP

ROSIE MILLARD

Why I'm planning the great Islington escape

All Saints, the slightly brutal church on the Caledonian Road where the Second South Islington Brownies used to meet, has recently closed down, so the Pack has been obliged to move. Happily, we have been given a new home at St Andrew's, just up the road in Thornhill Square. The hall where the Brownies skip about is full of fascinating Victoriana, including pictures of vicars and grumpy letters complaining about flirting worshippers from disapproving parishioners.

In the meantime, All Saints is due to be knocked down and rebuilt as a new church with some flats above it. Not just yet, however. I bumped into the vicar and he explained, with slightly inappropriate (I felt) glee that until planning comes through, the church is being 'monetised' as a venue for Escape parties. I believe this is a new craze wherein a team of people get locked in a building and have to get out. An activity probably not in the New Testament, but times are hard for the C of E, as they are for the rest of us. Indeed, since my column in the Independent newspaper vanished into thin air, I would quite like to monetise Millard Towers. I mean, we already do AirBnB, with which we are cantering along nicely, and the odd holiday swap, but is there more? Could I let out our house to gangs of corporate bankers from which to try and escape?

A little dramatic, perhaps, but you get the point...

ROSIE LOVES

Bill alert! If you book supper for several people at Galley, on Upper Street, and anyone in the party fails to show up, you will be charged £25 per person. Seems a bit steep, since whenever I have eaten there the place is rammed. Food is good, but this policy is not.

Possibly, although there might be a few hurdles. First, the family dog. Disney already drives the neighbours potty with his 'happy' barking. He would have to be sedated before the excitement begins, in case he inadvertently bites a CEO. Second, there are the four equally noisy children, whom one shouldn't really sedate.

But then there might be problems with the building itself. My home demonstrates possibly all the tropes of a self-regarding Islington residence. Firstly, it is not very easy to hide in it, since (downstairs at least) it has been modishly knocked through, fitted with a blindingly white kitchen, and tiled in agonisingly hard stone that takes no prisoners. Anyone falling over or crawling on it will probably get kneecapped. There is an indoor swing, which might break if anyone weighing over 75kg sits on it. Awkward. There is a lot of Lego. Very painful for stockinged feet.

Upstairs, there are no en-suites. So bang goes any sneaky business in the bathroom, since washing facilities are all minute box rooms attached onto the back of the house. Without locks, naturally, since this is a left leaning, liberal, let-it-all-hang-out type of household. There are no carpets. There are no long curtains. What else does one need to hide in?

In terms of actually escaping, good luck with that one. I used to worry about how we would all get out of this terraced house, should it burn down, and figured that the only way would be to abseil out of a top window onto a very flimsy balcony half way down. And the garden is totally walled. The Junior Millards can nimbly scale the walls, but hefty corporate types? Forget it.

I'm going to have to stick with this writing gig, at least for the time being.

GRAND DESIGNS LIVE LONDON
EXCEL • 30 APRIL-8 MAY
Visit us on stand B320

MAXLIGHT
DESIGNED BY US. MADE BY US. MADE IN LONDON.

— ULTRA SLIM SLIDING DOORS
— INCREDIBLE LEAD TIMES
— ARCHITECTURAL GLAZING SOLUTIONS

PHOTOGRAPHER: DAVID BUTLER

UNIT 1, VICTORIA INDUSTRIAL ESTATE
VICTORIA ROAD, LONDON W3 6UU
020 8896 0700 | SALES@MAXLIGHT.CO.UK
@MAXLIGHTLTD | WWW.MAXLIGHT.CO.UK

LONDON SHOW HOME
& STATE-OF-THE-ART
MANUFACTURING CENTRE

The Angel
resident

RECOMMENDS

Five of the best al fresco dining spaces: unwind in a green oasis

1 ROTUNDA

Perched on the edge of Regent's Canal, this waterside terrace spans the entire length of the restaurant building. Rotunda sets the perfect summer scene with striped red and blue deckchairs, wooden platters full of gourmet bites and charming views of the water. The Terrace becomes The Waterside Garden this summer, a lush patch of velvety plant life. Have a Pinterest worthy moment at the outdoor bar against a backdrop of picturesque bottle green canal boats.
90 York Way N1 9AG; 020 7014 2840; rotundabarandrestaurant.co.uk

2 THE ALBION

Think Frances Hodgson Burnett's The Secret Garden. A quaint walled garden sits beside this Georgian pub, with leaves and wisteria spilling down from the trees like waterfalls as shade. The foliage covered back wall and sage coloured garden doors create a historic country home atmosphere. Large bronzed plant pots and hanging baskets embedded with pink flowers combine with period garden lighting to highlight the traditional cream-coloured window frames and stone pillars.
10 Thornhill Road N1 1HW; 020 7607 7450; the-albion.co.uk

3 SMOKEHOUSE

This restaurant looks like a vintage doll's house that has swallowed a whole bottle of Alice in Wonderland cordial. Heart-shaped metal chairs in distressed white circle the round tables and the outdoor log burner sits quietly at the far end. Grab a spot in the comfy cushioned seating area and snuggle behind a tower of leaves that subtly bounce sunlight off their waxy surfaces. It's the perfect place to sip on a Pimm's.
63-69 Canonbury Road N1 2DG; 020 7354 1144; smokehouseislington.co.uk

4 SKIP GARDEN KITCHEN

Go back to basics surrounded by greenery and vegetables planted in industrial skips. Located on Tapper Walk with a rustic greenhouse aesthetic, this quirky spot is in the heart of the King's Cross development. Go on a health kick with their seasonal organic menu and sit among vibrantly coloured flowers at reclaimed wood tables, with bunting and lights in jars dancing overhead.
Tapper Walk N1C 4AQ; globalgeneration.org.uk

5 DRAKE AND MORGAN

The latest venture from the Drake and Morgan collection is all about sleek modernity on the outside. Neon orange chairs stand next to Brutalist concrete planters housing desert-esque shrubs and mosses. Enjoy the scenery of Pancras Square under the black roof lit with dim spotlights. The neighbouring trees are mirrored in the huge shiny glass windows of Drake and Morgan, cleverly making the outdoor space feel bigger.
6 Pancras Square N1C 4AG; 0845 468 0107; drakeandmorgan.co.uk

MODERN MARIONETTISTS

Puppetry directors Toby Olié and Finn Caldwell are bringing the classic art form into the 21st century with their latest production

Words RACHEL MANTOCK

Contemporary puppets, absent of countless strings attached to wooden limbs for manipulation, are all carcass and skeleton. They convey emotion exceptionally, it's almost startling and of an uncanny nature, as if mammal spirits really exist inside these man-built creatures. The most well received production to date that used these half puppet, half ghost hybrids is *War Horse*, proclaimed 'the most beautiful puppets we ever made' by the Handspring Puppet Company in Cape Town. Having worked on *War Horse*, Toby Olié, one half of the Gyre & Gimble production company, says of the play: 'It really proved that an audience can believe in and care about a puppet character for a prolonged amount of time. All of the horse's narrative, emotions and relationships were communicated through his movements without spoken word or any scripted action.'

This atmosphere and approach, suspended in realism and governed by the intensity of the sentiments it conveys, along with movement, is something both Olié and the other half of Gyre & Gimble, Finn Caldwell, are really keen to push in their new production, *Running Wild*. The puppetry epic is based on the children's novel by Michael Morpurgo and has been two years in the making, and opens this year's Regent's Park Open Air Theatre season. '*Running Wild* highlights our relationship with the natural world and our responsibility to maintain and take care of it, as well as it

Running Wild will launch this season's Regent's Park Open Air Theatre

This intricately designed tiger puppet will feature in *Running Wild*

The Gyre & Gimble team perfect their performance

being a coming of age story,' Olié explains. 'It explores how we are influenced by and respond to our surroundings whilst growing up. The original novel is aimed specifically at children, but its message is very potent to us all.'

The stage version that Olié and Caldwell have created builds on the potency of the original message, with an epic scale and stagecraft that Olié says will 'engage and appeal to audiences of all ages'. For Gyre & Gimble, puppetry is the epitome of the meeting point between design and performance. They feel that the increasing discipline and dedication in the industry over recent years has contributed massively to shaking off misconceptions of puppetry being solely for children's entertainment. Caldwell was classically trained as an actor at the Guildhall School of Music and Drama, which he says 'brings rigour and specificity' to his work with puppets, whilst Olié trained in puppetry specifically at the Royal Central School of Speech & Drama, having made puppets since he was very young. He went on to direct the puppetry for Disney's *The Little Mermaid*, 'a childhood ambition that came true'.

It really proved that an audience can believe in and care about a puppet character

'It was exciting to explore the texture, movement and colours of materials that evoked a sense of creatures moving through water. The sea witch Ursula was an actress-puppet hybrid, which felt like new territory. She had puppeteered tentacles from the waist down,' says Olié, the dramatics of Ursula's evil personality being exuded through tentacle movement. Caldwell also has prior experience of working with large, multi-faceted puppets, as was the case with *Alice's Adventures Underground* where he perfected the puppeteer's technique.

Running Wild presented a new opportunity for the two directors to create and evolve majestic animal characters. The show features at least 12 puppets including an elephant, a fleet of orangutans, a tiger and a crocodile. The elephant requires four people inside its carcass, thinking and acting as one, coordinating their movements to produce one living, breathing and feeling being. Gyre & Gimble feel that less is always more with puppetry, not giving the audience the whole picture 'empowers their imaginations to fill in the gaps'. Suspending the audience's belief is imperative, and whilst the methods for producing puppets have advanced, the medium created on stage, 'rooted in a sense of play' that essentially brings something inanimate to life, is still rooted in puppetry's ancient origins.

***Running Wild* will show between 13 May-12 June at the Regent's Park Open Air Theatre; 0844 826 4242; openairtheatre.com**

MODEL CAREER

Starring in new film Sunset Song, has Agyness Deyn left the catwalk for good?

Words STEPHEN MILTON

The Agyness Deyn who sits in front of me today is a far cry from the supermodel wunderkind of the late Noughties. Gone is the rebellious peroxide mane, the posed pout and awkward, angular symmetry that inspired a generation of entranced fashionista disciples. Sitting here in a sparse Central London hotel suite is a muted version, though no less beautiful.

Ashen blonde hair hangs loose past her shoulders, while minimal make-up presents an elegant blank canvas. As a supermodel she starred in campaigns for Burberry, Mulberry, Prada and Vivienne Westwood, but now she has reinvented herself as an actor, earning favourable write-ups for powerful, impulsive performances in Bryn Higgin's *Electricity* and a successful stint on the stage at Trafalgar Studios for Francois Archambault's *The Leisure Society*.

Is she making a concerted effort to leave modelling behind? The 33-year-old pauses and slowly inhales. 'Not really. I don't think I am, but it's all up for interpretation. I mean, yes, as an actor, you need to be more of a blank canvas so you can morph into different people. It's putting myself into a position where I can move more freely, with more flow from one character to the next.'

'Discovered' whilst browsing in a vintage store in Kentish Town with close pal, Henry Holland, Deyn was signed on the spot with Select Models and set about charming and dazzling the fashion industry while working for Armani, Diesel, Shiseido, Blumarine and Cacherel, to name but a few.

Her face covered Elle, Pop, i-D and Harper's Bazaar, and she hung out in exclusive dive hangouts like Boombox in Hoxton Square with Pixie Geldof, Daisy Lowe and Alexa Chung. Near the turn of the last decade, however, she grew weary and sought a change in trajectory.

Deyn has had critics raving about her performance in Sunset Song

Was acting always the goal? 'No, it wasn't. I didn't really know what I wanted to do when I was younger, but as I went through my career as a model, obviously it had elements of that on a two dimensional level.'

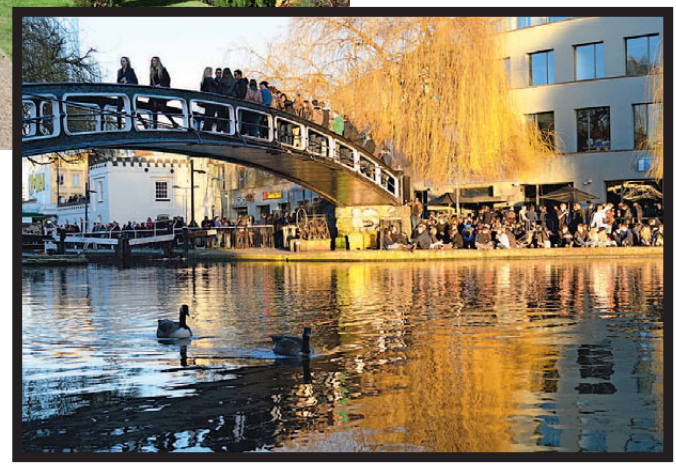
After supporting experiences in narcotics thriller, *Pusher*, and a brief role as Aphrodite in blockbuster, *Clash of the Titans*, she has taken on her first lead role in *Sunset Song*, a screen adaptation of Lewis Grassic Gibbon's famous Scottish classic. Directed by Terence Davies, Deyn captivates as heroine, Chris, a spirited farmer's daughter searching for independence away from her father's isolated Aberdeenshire land before and after World War I.

You need to be more of a blank canvas so you can morph into different people

A sweeping romantic epic, it chronicles the joys and turmoils of her life, toiled and tarnished by conflict and loss, but ultimately victorious and resolute.

Deyn felt drawn to the story. 'I was dying to play Chris. I fell in love with her. She's so strong and brave and inspiring and in charge of every aspect of her life, and I was just so honoured that Terence wanted me to play his Chris. It was a dream. And, obviously, ›

Her local loves include Regent's Park and Camden



Deyn is getting more used to appearing on the red carpet than the catwalk

I wanted to do the story justice because it means so much to so many and I wanted to work hard to do that. All you want is to live up to the expectation.'

Has the expectation worked against her though? Are directors blinded by her flashy previous incarnation? She rolls her eyes slightly. 'I just know that, if you're going to do it, you have to deliver. You're not going to be able to get a part if you're not able to do it.'

Previously married to actor Giovanni Ribisi, the pair called time on their relationship last year and Deyn left their marital pile in LA to move back to Chalk Farm. Regularly spied at her favourite Greek restaurant, Lemonia in Primrose Hill, she seems happy to have swapped the tanned abs and pearly whites of the sun-charred Hollywood Hills for the greener, hectic climes of North London.

'I'll always love the pace of Camden, the amount of people, the shops, the culture, it's so vibrant. And I love how lush the city is – the parks are so beautiful. Regent's Park, no matter what time of day, whatever the weather, it's inspiring. I love LA, the lifestyle there is amazing, but you don't get those smells and feelings anywhere else that you get at Columbia Road Flower Market.'

You don't get those feelings anywhere else that you get at Columbia Road Flower Market

Does she get the same sensations with acting that she did with modelling? The glamorous highs, the screaming applause? Last year, after a lengthy break, Deyn made her catwalk return for YSL SS16 show at Paris Fashion Week. Is she back? 'Hedi Slimane is my friend, I love his creations. I thought it would be fun but that's not me "going back to modelling",' she states. Is she really done with fashion? 'I am, for while at least,' she says. 'In the last few years, I did a few acting jobs here and there and then did a play so I couldn't do anything else. I suppose, yes, I am.'

Surely her model agency laments her absence? 'I've been with them for years, they want the best for me. They're like my family, they're my best mates. They understand.' But if she got the call – 'Agyness, Calvin Klein wants you for the next campaign' – what would she say? 'They know me so well,' the actress chuckles. 'They send me emails, "I just want to let you know…" They know what I want to do.'

Changing her birth name, Laura Hollins, when she first joined Select, I wonder would a reverse alteration help the transition from fashion to film for good. Deyn pulls a twisted smirk. 'Everyone has got so used to it. It's been years, the majority of my life I've been Agyness, I changed it when I was 17 and I just… I feel like Agyness now,' she states. 'It's who I am. I'm not going to change that.'

CONCEPT
KITCHENS
CONCEPT KITCHENS | DESIGN & FUNCTION
Kitchen dreams
are coming true...
40, Offord Road, Islington N1 1EB
020 7700 1555
www.conceptkitchensislington.co.uk

INDUSTRIAL EVOLUTION

A new type of revolution is on the horizon as creative types flock to Clerkenwell for Design Week

Words RACHEL MANTOCK

Eclectic, vibrant and home to one of the most important creative hubs in the world, Clerkenwell is constantly bursting with new design concepts. Per square mile, it accommodates more creative businesses than anywhere else on the globe. Vast warehouses and old Victorian buildings have been converted into creative design spaces all over Clerkenwell in the last two decades, springing up across the area like daisies in spring and this is nothing new. The flourishing of creative industries in Clerkenwell dates back to the Industrial Revolution, where clock makers, craft workshops and jewellers began to thrive. This creative genius – birthed in an area that formerly consisted of nothing but tea houses and natural spas built around chalybeate springs – runs in Clerkenwell's blood, flowing and pulsing through the streets.

This exceptional part of North London innovates rapidly, welcoming in 21st century industries such as digital, becoming their demiurgic stomping ground whilst still retaining and allowing its historic trades such as bookbinding to flourish. The traditional and noveau exist and prosper side by side in Clerkenwell and, with business burgeoning so powerfully, we've entered a creative renaissance where innovation rules.

People like to pay respect to the heritage and quality craftsmanship

This year Clerkenwell Design Week (CDW) from 24-26 May is taking this in its stride, presenting a series of

Industrial Swans

These compact, multi-functional robust sculptural pieces were put together by the Baker Street Boys collective and are folded unusually, abstractly resembling swans. Tomasz Danielec and Arek Glanowski use materials in their purest form possible, primarily Polish raw steel and French oak blocks. Stating 19th century London as their inspiration, Danielec says that the way they use materials is very much like how they were used back then, only treating the steel with an anti rust agent and nothing else, as well as using old school machines to cut and fold it.

The Baker Street Boys create with London property in mind, resulting in statement but compact pieces that have double functions such as working as a bedside table and magazine rack simultaneously, catering to small spaces, like many of London's apartments. They will showcase their new 'pick and mix' concept at CDW whereby clients can pick their own exclusive mix of materials such as stainless and rusted steel for the body and oak, cork and marble for the top, combining their own choice of materials together to create a premium individualised piece.

showcases that boast the best in contemporary design, with a nod to the industrial past. Of this, show director William Knight says: 'People like to pay respect to the heritage and historically to the makers and quality craftsmanship that has been in Clerkenwell for so many years. It is part of celebrating what makes the area so special.'

It's almost like a huge multi-sensory timeline in the form of various events dotted around the area, symbolising an era of innovation revival with ghostly but tasteful undertones of the Industrial Revolution. Contributing massively to the artistic ecosystem of the district, CDW is very much about sensory experience this year, allowing people to absorb things in a wide sense as well as letting them 'really get under the skin of an installation' if they choose. We spoke to eight stand out exhibitors as they prepared for CDW.

NEW AGE ALUMINIUM

Bespoke furniture designer Sebastian Blakeley will showcase his E Scrivo desk and Cavalcióni stool at CDW, both made out of specially prepared aluminium and hand-crafted wood. With a background in traditional English craftsmanship and a specialisation in Italian design, Blakeley fuses the two to give us something that commands the very air around it. His designs are hybrids, half organic matter and half machine, the furniture equivalent of sphinxes and mermaids. He says that during industrial Britain in the 50s, everything was about speed and 'evolving in parallels with technology'. This is something Blakeley applies to all his pieces, using unusual and extremely forward-thinking methods such as laser and water jet cutting to prepare the aluminium that features so strikingly in every design.

Blakeley's horse saddle like Cavalcióni stool will showcase at CDW

The Museum of Making

In the shape of a barn, made out of horizontal green and blue slabs, this unusual mini pavilion is traditional and modern in equal measures. If you enter on the blue side, it creates a stark and contemporary atmosphere, whereas if you enter on the green side you get more of a feel for the rich history of Clerkenwell, with rustic colours and exposed brickwork. Swedish practice, White Arkiteker has created a space that engages with the outside, allowing those just walking past to view what's going on inside without actually having to enter. For those that want to get stuck in, there is craft making going on inside, reminiscent of past well established trades. As well as the obvious historical London design influences seen in this installation, Scandinavian influences are also woven throughout, particularly in the way light has been used and manipulated.
Director of their London studio, Linda Thiel says: 'For half the year in Scandinavia, it's really quite dark so we have to work with how light represents space.'

The Sensorium Garden

Inspired by the 18th century pleasure gardens in Clerkenwell and taking note of the lack of green public space in the area today, HÅG and HASSELL collaborated to produce this virtual reality, sensory garden experience.
Head of marketing at HÅG, Stacey Turner, says: 'Sensorium is an immersive experience that will play with smells, textures and sound leading visitors to question how their senses influence their experience of places. At the heart of the garden will sit a mysterious black space offering guests unexpected – even voyeuristic – perspectives of the surrounding pleasure garden.'
Creative producer of HASSELL studio in London, Anna Rank, explains that despite their 18th century inspiration for the installation, they are not trying to take viewers back in time. Rather, it's much more of a lush green, 'visual and immersive feast'.

CROATIA COOL

Based in Zagreb, the north-western capital of Croatia, Love, Ana Design Studio evolved after its first exhibition at CDW in 2011. Designer Ana Tevši Naukovic puts a lot of emphasis on using local materials and reducing wastage, which was the story behind her Crooked range that used MDF sheets in such a way that there was absolutely nothing left to throw away. Naukovic describes herself as a traditionalist with a twist and has gone from being a one woman show to having a team behind her in the space of a few months.

At CDW she'll be giving three products their London debut. Paperpot are collapsible waterproof plant pots, Voir is a two in one jewellery holder and hand mirror, whilst Traveller is a transportable lamp. Each product has a strong design emphasis on portability and voyaging, appealing to both sexes.

Gold Leaf & Glass

Making his first piece of furniture for CDW, gold leaf sign painter Archie Proudfoot is pushing himself beyond his normal line of work. Proudfoot says: 'I learnt most of what I know about gold leaf painting from a book written in America in the 60s that is no longer in print, by Raymond Le Blanc, and went from there doing a few things for family and friends.'

He's very much a futurist, which is unconventional for a gold leaf painter. 'Many of those still doing gold leaf painting try to recreate the very Victorian, turn of the century feel and I wanted to get away from that and give it a more contemporary feel playing with block and bold colours.'

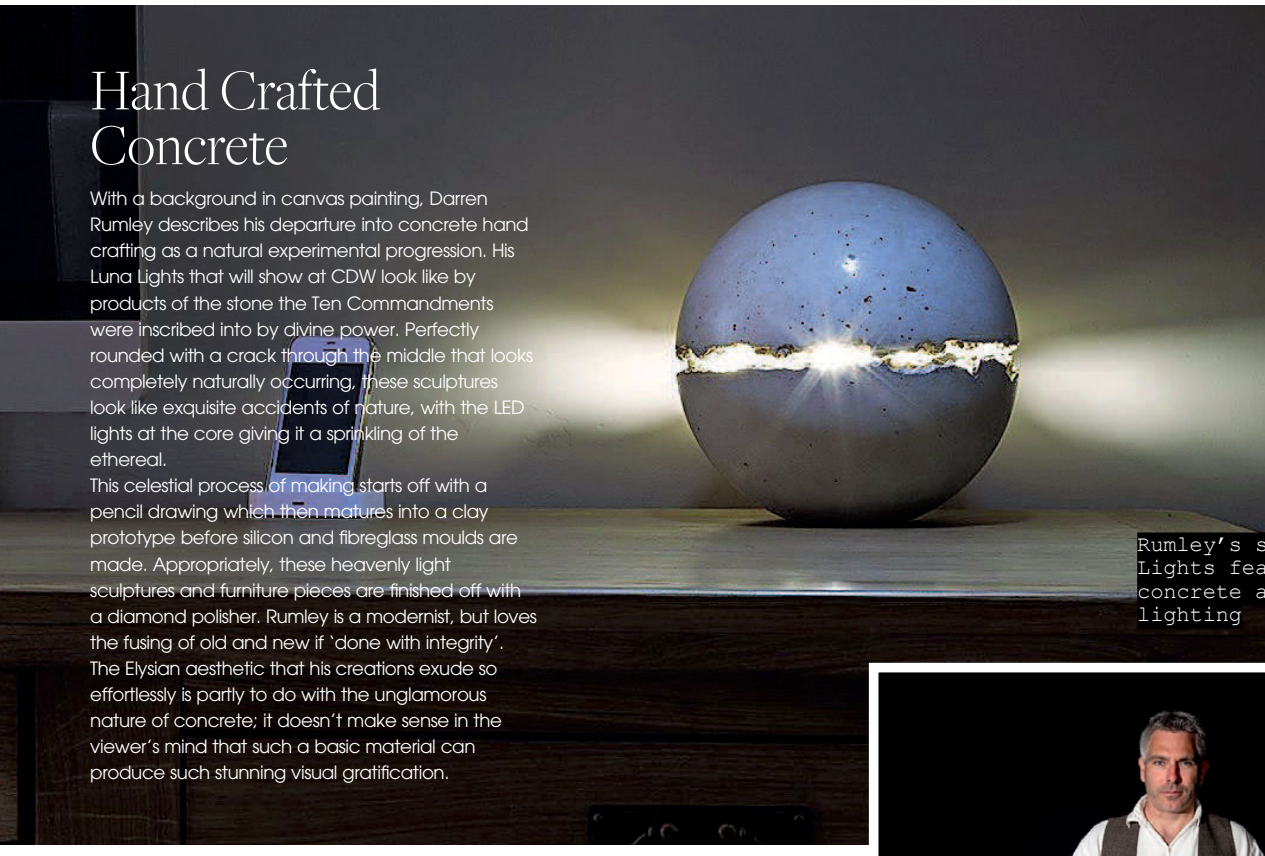
A Highbury native, Proudfoot describes Islington as his old stomping ground with a great admiration for the old Arsenal stadium. 'A lot of that art deco influence and the clean lines are coming out in my work at the moment,' he says. Long term, he wants to create murals in public spaces. A gold leaf Banksy is in the making!

›

Hand Crafted Concrete

With a background in canvas painting, Darren Rumley describes his departure into concrete hand crafting as a natural experimental progression. His Luna Lights that will show at CDW look like by products of the stone the Ten Commandments were inscribed into by divine power. Perfectly rounded with a crack through the middle that looks completely naturally occurring, these sculptures look like exquisite accidents of nature, with the LED lights at the core giving it a sprinkling of the ethereal.

This celestial process of making starts off with a pencil drawing which then matures into a clay prototype before silicon and fibreglass moulds are made. Appropriately, these heavenly light sculptures and furniture pieces are finished off with a diamond polisher. Rumley is a modernist, but loves the fusing of old and new if 'done with integrity'. The Elysian aesthetic that his creations exude so effortlessly is partly to do with the unglamorous nature of concrete; it doesn't make sense in the viewer's mind that such a basic material can produce such stunning visual gratification.



Rumley's stunning Luna Lights feature polished concrete and LED lighting

Pluck Kitchens will launch their first range at CDW, featuring locally sourced wood and high quality fixtures

The Everlasting Kitchen

2MZ designs will launch Pluck at CDW, modern kitchen furniture that adapts and changes but most importantly lasts, indefinitely. Director George Glasier says that they got tired of, 'seeing kitchens of five years trashed straight away because they weren't fit for purpose anymore. We want kitchens that last and we use materials that last.

'If you get bored of the look of the kitchen, you have the option of switching and changing specific units and components without actually having to remove and remodel the whole kitchen.'

Pluck brings a breath of fresh air and a new type of thinking to kitchen design, producing a fun experience that has the client at the forefront rather than the manufacturer, tailoring everything to the space in question. Aesthetically, Pluck offers 'no fads and no fuss' with a cool toned colour range alongside luscious local wood that is dried out for five years.

BATH
SORTS
BATHROOM DESIGN SPECIALISTS
38, Offord Road, Islington N1 1DL
020 7700 1333
www.bathsorts.co.uk

Wharfside
BEAUTIFUL HOME FURNITURE
DINING
LIVING
OFFICE
KITCHENS
BEDROOMS
FREE PLANNING AVAILABLE
London & M25 Showrooms
020 7253 3206 or 01372 379810
www.wharfside.co.uk

HOMES

{WHAT TO BUY AND HOW TO STYLE IT}

PARISIAN CHIC

Why we adore everything to do with France when it comes to the home

For interiors inspiration this month, we are looking across the English Channel. France is proving to be quite the draw at present when it comes to accessorising homes across London and beyond – and after we had a special peek at a unique Parisian apartment (pictured above), it's little wonder why. Elsewhere, Kara O'Reilly picks out the best in bathrooms and we visit a home with a difference on Danbury Street.

New Selected Poems
Andrew Motion
Ezra Pound Persona

FULL OF LIFE

Why Abigail Ahern's latest SS16 collection will add a real zest to your home

Words MARK KEBBLE

Abigail Ahern's Upper Street atelier has long been a treasure trove for those seeking out unique interior design – and judging by her enthusiasm over a new Islington flagship store, we should all be very excited indeed. 'I am approaching it by wanting to delight all the senses and plan to create an alchemy that is both magical and mystical,' she teases me with an insight. 'Textures abound, surprises await every corner – the palette is restrained and there are lots of cool materials like faux stone, concrete and slate. It's an intoxicating combo I cannot wait to open.'

The grand reveal will be late May, but for those of an impatient disposition can take solace in the launch of Ahern's SS16 faux flower range. 'We wanted to champion a very foraged and natural aesthetic,' she explains on the collection, 'everything has that "just plucked from the hedgerow vibe". So we have lots of foliage, meadow flowers, lavenders, blousy hydrangeas and fat-headed blooms. The concept of nature in the home is extremely important – it gives any space immediate life and interest. I want my home to feel connected to the outdoors and the rhythm of the seasons as much as possible.'

Ahern's approach to the collection typifies her belief that fast fashion is simply not the way to go when it comes to design. 'We work with factories where it's not really about turn-around times – all our botanicals are hand-painted for instance and the lead times they work to are typically four months,' she says. 'Interiors shouldn't be so fast and transient, with things in and out in an instant. We create interest as a brand by engaging our community on social media, running design classes, writing on our blog… I wholeheartedly believe you don't need constant new product drops to drive sales, you just need inspiring seasonal collections to stand the test of time. I want people to have our pieces in their lives forever.'

Look at the Abigail Ahern brand and that's all the testimony you need to see it's an approach that works. 'We are expanding our own label big time,' Ahern enthuses, 'with more accessories, lighting and botanicals. We have just launched in Selfridge's and have retailers all over the world buying into our collections, which is hugely exciting. Plus with a new flagship space, we'll really be able to have the concept store experience take off.'

The new shop will be located by Islington Green at 12-14 Essex Road, so why did Ahern want to stay in these parts? 'We have built up a fabulous client base over the years and I couldn't imagine being anywhere else,' she answers simply. 'I love the mix of people you get through the door, from celebrities to politicians, bankers to bakers. Also in an era of identical high streets, I think Islington has managed to retain its own personality, with an interesting mix of eclectic shops. Oh,' she adds smiling, 'from a personal – and lazy – perspective it's a quick pedal along the canal from my home!'

See more at abigailahern.com

Top three tips

Abigail Ahern doesn't do trends, but there are three things she's loving right now

1 Rather than the 'feature wall', I think texture's going to be the new in thing. Think faux fur, rustic wood cladding, velvets, pony skin, suedes, and cement cladding.

2 Something else gaining traction is libraries as décor. Boutique hotels use them to make spaces feel sophisticated and swanky, cosseted and cosy, and this is filtering down to homes.

3 I think a return to homespun crafts will be the next in thing for interiors. We live in a high tech world, so I feel there is a huge desire for things to slow down.

That sink feeling

Double sinks are the ultimate in luxe bathroom fittings and this eye-catching vanity unit is no exception. It's from the new range created by influential restaurant designer, Martin Brudnizki, for Drummonds.
Double Ladybower vanity basin, from £7,860; Tyburn bath, £5,982, both drummonds-uk.com

TUB THUMPING

Make good use of the architectural details in your bathroom to frame your fittings and create interesting site lines. Victoria & Albert York bath, from £2,250, vandabaths.com

Forward looking

Prefer a more modern look? The Feel range by K-Stone, exclusive to CP Hart, proves that the key elements of every bathroom – sink, bath and loo – can work well as sculptural pieces.
Feel bath, from £4,758; matching freestanding hand basin, £1,530, and back-to-wall WC, £1,254, all cphart.co.uk

BOUTIQUE BATHROOMS

Discover the latest looks and design trends for blissful bathing spaces

Story KARA O'REILLY

Pure and simple

This is uber-designer Philippe Starck's Cape Cod bathroom design for Duravit. It has more than a hint of New England beach house in its chic, clean lines.
Cape Cod freestanding bath, £2,665; matching console, £3,289 and mirror with lighting, £2,008, all alternativebathrooms.com

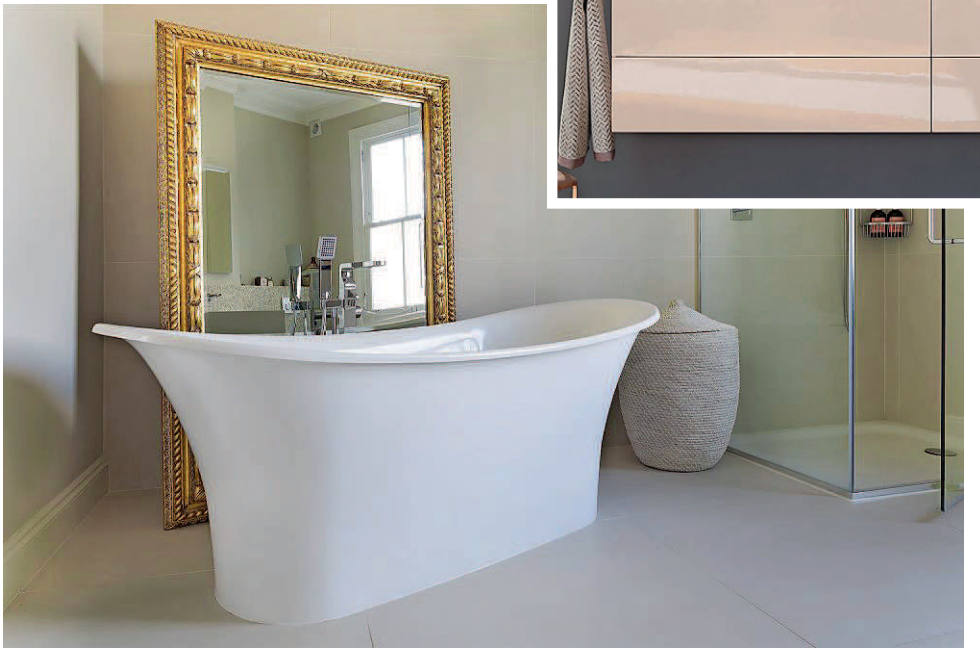
›

SALVAGE CHIC

The upcycled industrial look is still going strong. Think salvaged pieces and quirky touches, such as these mis-matched taps, for a way of pulling together an individual look. Urban towels, from £8 each, lexingtoncompany.com

Looking the part

The design character of L-Cube is defined by geometric lines, the interplay of horizontal and vertical lines creates a functional and structured look. A key characteristic of the range is a shadow gap that surrounds the fronts and sides of the furniture. This visual framing places the washbasin on a higher level – making it appear as if the ceramics, furniture and furniture fronts do not touch one another. **Price on request; conceptkitchensislington.co.uk**



The right angle

Setting the bath at a jaunty angle allows the owners of this neat en-suite to still incorporate a bath in the space – and for the addition of a generous light-reflecting feature mirror behind. **Bathroom design, price on request, westonebathrooms.com**

Central casting

Make more of your bath as a key feature by placing it in the centre of the room. A classic ball-and-claw design lends itself to this approach. Add freestanding furniture and on-trend colours to keep the look contemporary. **Rimini cast-iron bath, £1,140; Tradition bath tap, £499, and Carlton Pedestal basin, £561, all astonmatthews.co.uk**

Empire strikes back

Dark enamelled cast-iron baths, with a whiff of Empire styling about them, are the current bath look of choice. **Atlantic enamelled cast-iron bath in Top Hat, £4,395; Atlantic cabinet and basin in Wenge, £1,750; East Hampton white marble floor tiles, £115 per sq m; all other items, from a selection, all firedearth.com**

Shower power

The statement shower has arrived. Make the most of it being a contained space and use it as a way to introduce bold pattern. **Henry unlacquered brass lever-handle thermostat, from £2,812; Henry unlacquered brass gooseneck wall-mounted shower rose, £1,843, all other items, from a selection, uk.waterworks.com**

London
0208 675 4808
www.indian-ocean.co.uk

INDIAN OCEAN

INSPIRATIONAL OUTDOOR FURNITURE

MODERN MONOCHROME

French antiques and contemporary styling give this Parisian apartment the wow factor

Words ALEXANDRA CRONIN

Situated in beautiful Paris, this luxurious apartment is a breathtaking testament to French style and the design prowess of Ando Studies. Using 3D computer images to create the dream, Israel-based Ando Studios worked with the owner of this apartment on Saint Germain Boulevard from the initial sketches all the way to the final strokes of paint. The result is a beautiful home, retaining all the original French moulding, but reborn in modern, artful style.

Immediately striking, the colour scheme is crisp white and rich black monochrome with clean lines that showcase the beautiful bones of the apartment. This is paired with the soft, abstract curves of the lounge chairs and love seats, supplied by the very best designers Milan has to offer, which, as Oren Aziza of Ando Studios explains, 'softens the pure classic look a bit'.

It's fully kitted out with modern appliances, yet the history of French art lingers in the carefully assembled accessories such as the marble tables, contemporary conceptual nudes, and gilded mirrors. The four poster bed in one of the bedrooms is a perfect example of this timeless blend of then and now. Whereas the concept of the four-poster retains the spirit of French antiquity, the frame is a bold, modern square.

One way Aziza suggests to emulate this look is to incorporate modern furnishings and 'accessories that would look like pieces of art presented in the space, like an art gallery'.

ando-studio.co.il

The colour scheme is crisp white and rich black monochrome with clean lines that showcase the beautiful bones of the apartment

DESIGN AND BUILD

This four bedroom Islington home has had quite the renovation, featuring a host of personal touches

Words MARK KEBBLE

A lot of the property was opened up, such as the kitchen on the lower ground floor, which was originally three rooms

This four bedroom Victorian terraced home on Danbury Street is a labour of love if we ever saw one. Approximately 2,100 sq ft, it was completely revamped by owner Daniel Riva along with his wife Kirsty, but as he explains here the effort was very much worth it...

Was there a particular aspect of this property that made you fall in love with the first time you saw it?
Everything! I had always heard of people saying that when you walk into the right house you would just know – well when we walked into this house three years ago that was true! We had looked at dozens prior to this one, but hadn't had the feeling until seeing this. The lighting was great for a townhouse, as it sits on a wide road you get great light all the way through the day which makes such a difference. It was also a really exciting renovation project that we could really put our stamp on.

Was the renovation a big undertaking?
It was a big undertaking from start to finish, there is not one aspect of the house that was not touched. The owners had actually grown up in the house and it had been in their family for over a generation. The whole house had to be re-configured to a new layout including extra bathrooms and a floor dedicated to the kitchen to maximise space, but also to make it a really usable layout for a young family.

The whole house had to be reconfigured to a new layout to really maximise the space

Do you have a favourite room in the property and, if so, why?
The living room on the ground floor is probably my favourite space. We opened up the two rooms to create one large light airy space that we have sectioned with furniture to create a seating/reading area and at the other end a relaxing TV space. It also has the double doors leading out onto a glass balcony, overlooking the garden.

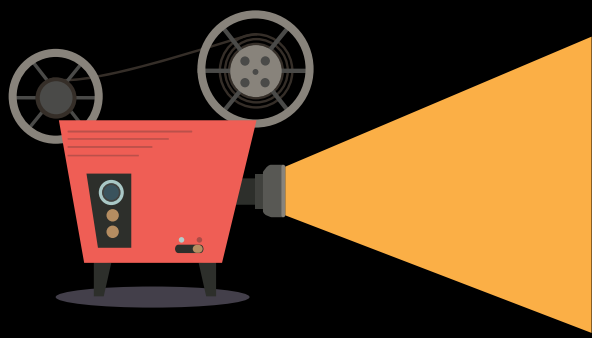
How did you approach the look and feel of the bedrooms?
We wanted to keep the bedrooms feeling light and spacious, so we worked to neutral colour palettes in the three bedrooms on the upper two floors. For the master bedroom we wanted to do something a bit more show stopping, so we chose greyed off oak flooring to mirror the downstairs of the house and kept the walls very neutral and fresh. We stuck to quite monochrome palettes for the soft furnishings, which gives a real contemporary feel. We then added a very clean lined modern custom built wardrobe to maximise on storage space whilst keeping a real contemporary feel to the room.

Is the style of the master bathroom what you always wanted to have?
The master bathroom is always the room that draws the most wows when people ›

The kitchen has an outside in feel

State of the art

4k home cinema



Discreet design

Unparalleled service

Easy to use systems

HOME CINEMA • MULTI-ROOM AUDIO
LIGHTING & CONTROL SYSTEMS
NETWORKING & iPADS

Design Installation 24 Support

T. 07985 298 690 \ 0203 248 2010
www.anotherplanetav.co.uk
info@anotherplanetav.co.uk

another planet AV
audio visual dealer for the home owner and developer

AYRTON
WINDOWS & DOORS

Window shopping

Replacing beautiful timber windows and doors, beautifully

www.ayrtonbespoke.com
Telephone 020 8877 8920
Email enquiries@ayrtonbespoke.com
406 Merton Road, Wandsworth, London SW18 5AD
61-63 Tottenham Lane, Crouch End, London N8 9BE

The bedrooms all have a light and spacious feel, with neutral colour palettes

The master bedroom's bathroom has the real wow factor

The flexible outdoor space to the rear of the property is perfect for a family

see the house for the first time. We wanted a real contemporary fresh feeling, which is why we chose the contrast of the grey tiling with the white units and fittings. It had always been our dream to have a huge freestanding bath and double size shower, so we dedicated more space to the bathroom to allow this to happen. The Aston Matthews Brunel bath is a lovely piece and it's the perfect place to relax after a long busy day.

The master bathroom is always the room that draws the most wows when people visit

What did you want to achieve with the layout and design of the kitchen being on the lower ground floor?

When we bought the house the lower ground floor was three rooms, which were opened out to create a huge entertaining space. For the units we chose a bespoke Harvey Jones wooden design in a more traditional shaker style, but then added the modern chrome handles to give it a real contemporary feel. The American fridge freezer in steel also really modernises the space tying in with the metal handles. We have a toddler so what has been great for us is the flexibility of the space. We have had a 12 seater dining table in there, but we are currently using it as more of a play space for our daughter so we can keep an eye on her as we cook and eat. The bi-folding doors onto the garden allow loads of light in and it's wonderful in summer when they are open as the space doubles in size again. The kitchen really is the heart of our home.

How important is the outside space at the rear of the property?

The outside space provides a peaceful sanctuary in the bustling city and a wonderful addition once summer comes around. It's such a flexible space: when the bi-folding doors are open in the kitchen it is a great play space for our daughter, but also great for entertaining friends and family with barbecues in the summer. It is the perfect space to relax.

The property is on the market with Knight Frank Islington for £2,425,000. For more information call 020 3657 7340 or visit knightfrank.co.uk

Circulaire mirror by Jacques Adnet for Gubi, from £519, skandium.com

Signature cast-iron round casserole in Marseille Blue, from £125, lecreuset.co.uk

La Volière pendant light by Mathieu Challières, £375, conranshop.co.uk

THE FRENCH CONNECTION

From modernist classics to contemporary cool, here's what the French design scene has to offer your home

Story KARA O'REILLY

Juicy Salif lemon squeezer by Philippe Starck, £49.95, alessi.com/en

Cité chair by Jean Prouvé, from £2,282, vitra.com

Picardie glasses by Duralex, from £6 for six 9cl glasses, heals.com

LC4 chaise longue by Le Corbusier, Pierre Jeanneret and Charlotte Perriand, from £3,282, cassina.com

Signal two-arm desk lamp by Jielde, £225, hollowaysofludlow.com

Cypres scented candle with silver-plated lid by Rigaud, £65, roullierwhite.com

Miss K table lamp by Philippe Starck for Flos, £168, nest.co.uk

Standard lamp with three arms by Serge Mouille, price on request, tanguyrolin.co.uk

Serif television by the Bouroullec brothers for Samsung, from £499 (24" screen), seriftv.com

Pumpkin armchair by Pierre Paulin, from £1,333, ligne-roset.co.uk

Hanae Galerie de Portraits long tray by ibride, £85, panik-design.com

Mossi crystal vase in bleu nuit, from £1,814, lalique.com

Slow chair and ottoman in red and cream upholstery with chocolate base by the Bouroullec brothers for Vitra, £2,880, viaduct.co.uk

Petite Coiffeuse dressing table by Eileen Gray, £3,933, aram.co.uk

Aspect

KITCHENS • INTERIORS • STONE

CRANLEIGH SHOWROOM
41 Smithbrook Kilns
Surrey
GU6 8JJ
Tel • 01483 277166
info@aspectkitchens.com

RICHMOND SHOWROOM
1-3 Poplar Court Parade
Richmond Road
TW1 2DT
Tel • 0208 892 5343
www.aspectkitchens.com

Standard chair by Jean Prouvé for Vitra, £547, hauslondon.com

W103s1 pendants lamps by Inga Sempé for Wastberg, £363 each, nest.co.uk

Serving platter, £117, astierdevillatte.com

H bar stool in Outremer Blue by Xavier Pauchard for Tolix, £206, madeindesign.co.uk

Embroidered clock by Maison Martin Margiela, £124, amara.com

Luxembourg outdoor stacking armchair, £209, and matching table, £479, both by Fermob, The Worm That Turned, (worm.co.uk)

Les Oiseaux vase by Pascale Mourgue, £71, ligne-roset.co.uk

Mah Jong multi-functional modular sofa in the Sonia Rykiel Maison edition, made to order, roche-bobois.com

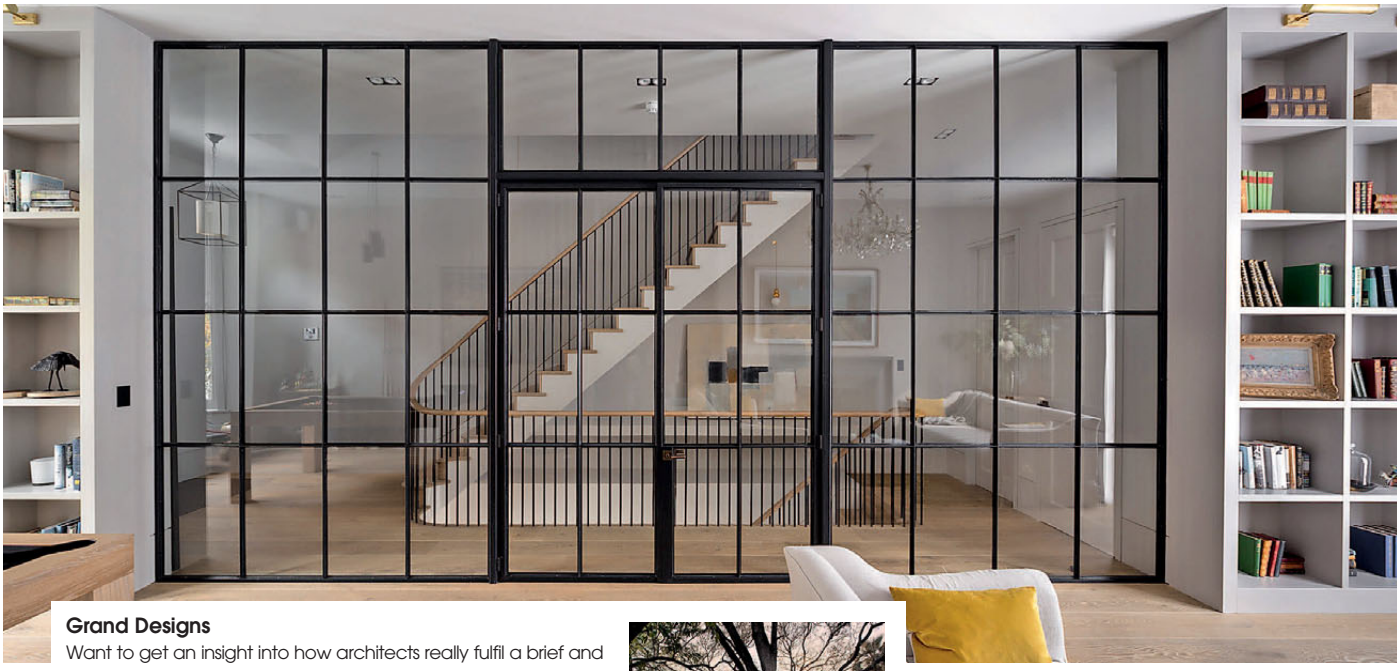
LOVE INTERIORS?

Visit theresident.co.uk/magazines to read our digital interiors magazine

ARCHITECTURE ENVY
Peek inside a seriously cool Shoreditch loft apartment

INTERVIEW
Interior designer Faiza Seth showcases her distinctive style

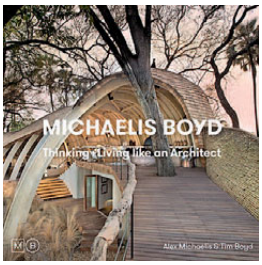
SPRING FLING
Discover the hottest new trends in homeware



Grand Designs

Want to get an insight into how architects really fulfil a brief and make it work for their clients – as well as ogling some of the most fabulous contemporary homes? Then you need to invest in *Thinking & Living like an Architect* by Michaelis Boyd, a glossily satisfying overview of 30 memorable projects.

Thinking & Living like an Architect by Alex Michaelis and Tim Boyd £30, Clearview Books. Readers of The Resident can buy the book for the special price of £21 (plus £2.95 p&p). To order, call 01256 302692 and quote offer code GZ4



HOMES *NOTEBOOK*

Kara O'Reilly rounds up the latest in interiors

Stitches in time

Fine Cell Work – the estimable charity that teaches prisoners complex embroidery skills in order to help raise self-esteem, gain work experience and so try to prevent re-offending – has teamed up with my favourite design hotelier, Kit Kemp, and Blithfield fabrics, to expand its ranges to include embroidered furniture pieces for the first time.

Prices start at £120 for a cushion; finecellwork.co.uk/shop

PLANT AN IDEA

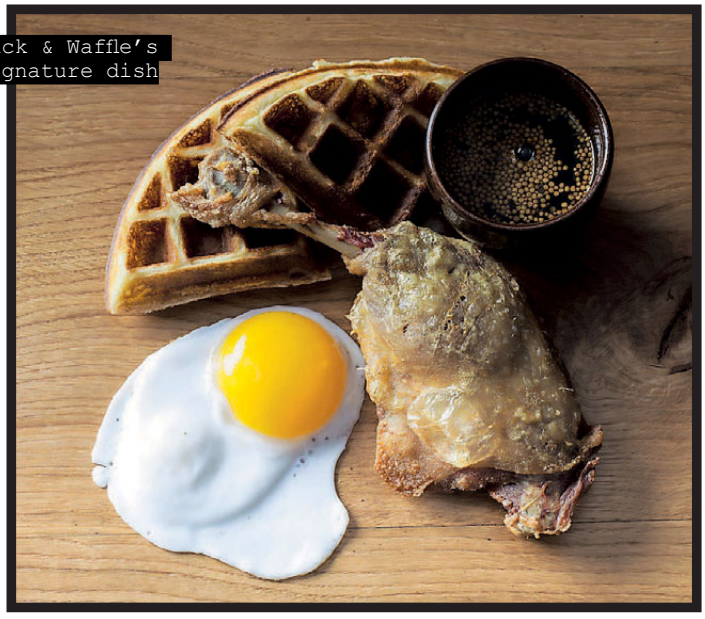
It's Chelsea Flower Show time (24-28 May rhs.org.uk), so be inspired and use the New York Botanical Gardens collection from Surface View to add a fabulous floral feature wall to your home. From £60 per sq m (surfaceview.co.uk).

Mad Hatter's tea party cushion, £30, The British Library, shop.bl.uk

Mini Trend
Through The Looking Glass

Alice place mat, £13.95, grahamandgreen.co.uk

Alice in Wonderland three-tier cake stand, £95, mrs-moores-vintage-store.co.uk



Duck & Waffle's signature dish

WORTH THE WAIT

Duck & Waffle Head Chef Daniel Doherty lets nothing but his creative inclination drive the food

Words RACHEL MANTOCK

Your field of vision from the top floor of the Heron Tower shows the city in shades of dusky blue and grey, complementing the patchy sky with heavy clouds dissolving like a tie dye t-shirt. That's what instantaneously puts Duck & Waffle above the rest – the view, the skyline, the feeling of floating on top of it all. Sat at a glass table by the bar, Head Chef Daniel Doherty sits down with me and raves about their new cocktail menu. You can now drink your spring vegetables at the bar in keeping with the 'drink your greens' trend that has been building in momentum since the latter end of last year. Deep, colourful sounding drinks such as beetroot champagne, Eden and the carrot cocktail fill the drinks menu, inspired by the vividness of spring, providing a stark contrast to the 'beigey' root vegetables of winter. He says: 'The carrots give you sweetness whereas something like kale will give you depth and pepperiness.'

The main menu delves into spring organically, bit by bit, with ingredients and dishes being switched out for other, more seasonal ones here and there, very much ebbing and flowing to the rhythm of the season. 'We don't just go bam, the spring menu is here, it changes a bit at a time.'

He describes their pea and mint ravioli as a British approach to an Italian dish, a mouth-watering combination of butter crumble, mint puree and fresh truffles. 'We don't really have a style; we just cook with local British ingredients and go from there, see where it takes us.'

I am a weakly disciplined girl when it comes to food and was convinced I'd clean out the kitchen, quickly and with no class at all, like a tiny feral gorging child raised by jungle animals, (yes, my spirit animal is Mowgli). In actual fact, I was in a food coma after three outstanding small plates. They were

Head Chef Daniel Doherty has no set rules for creating new food concepts

The 40th floor of the Heron Tower offers expansive views of the city

deceivingly small and simple, full of rich contrasting yet harmonising flavours, creamy lentils, raw tuna and octopus with an assortment of vegetables.

Doherty attributes his way of working with food to the two chefs he studied under, the polar opposites of each other. Initially, he trained under Herbert Berger, a traditional man with a 'good solid Austrian name', big on discipline, long-established methods and conventional European cuisine. The admiration in his voice is clear as Doherty reminisces about his humble beginnings with Berger, the start of a journey that landed him at the top of the tower, the king of a glass castle with panoramic views of all the land. The ying to his yang, chef Julian Owen-Mold gave Doherty his experimental quirk.

The pair of them sit at the core of Doherty's innovative finesse, a robust centre made strong by heritage with creative inventiveness spilling out from

Getting it wrong and getting frustrated actually steers you in the right direction

there, flourishing and forever expanding outwards. 'The more we just cooked without any grief or set goals, we evolved into what we are now,' says Doherty. 'Doing things, getting it wrong and getting frustrated actually steers you in the right direction.'

You can't systemise a creative process as free and gracefully wild as this one. It howls with the wind, pours with the rain, comes to life with the spring ducklings and blazes with the heat of summer. It's this way of being that ties Doherty in with London so well. He loves the city's 'willingness to try and experiment' and the boldness of many gourmet restaurants to take away the protective net of safe options, like the staple steak and chips.

'In London, if you are going to come to the 40th floor after waiting six weeks for a table, you might as well not have steak and chips,' says Doherty. With weird and wonderful flavours still bouncing on my taste buds, I concluded that this dining experience may very well be worth the wait.

Heron Tower, 110 Bishopsgate EC2N 4AY; duckandwaffle.com

TOM PARKER BOWLES

There's nothing super about the latest food trend

Superfoods. No mere everyday comestible, dreary old leaf or bog standard mouthful of seed. No sir. These are super plants with supernatural powers – birch water Batman and spirulina Spiderman, disease fighting heroes filled with matcha magic and go go goji. Cheer as they smack cancer in the gob! Hoorah as they battle the bulge! Rejoice as they pull back the years! Ingredients to make the heart beat stronger, the immune system shine, and the conscience swell with well nourished joy.

Because these days, it's near impossible to walk through a supermarket, or even open a magazine, without being assaulted by these healthy hordes of so called 'superfoods'. We're promised that these thrusting young things are somehow more effective, nutritious and, well, downright super than boring old fruit and veg. Whether it's Amazonian acai and guarana, aloe vera juice, coconut oil, kimchi or kale, superfoods promise a shiny magic bullet, an easy way to work off all that edible guilt with the very minimum of effort. The diet might be failing, the exercise more miss than hit. But with a spoonful of chia seeds and a pinch of maca powder, everything's going to be just fine, right?

Of course not. As many finer minds have pointed out before me, there are no such things as superfoods. Just foods that are more nutritious than others. That's not to say that any alleged 'superfood' is, in fact, a villain in disguise. Just as no-one would argue, for fairly obvious reasons, that fast food fried chicken is better for the body than some vast fresh salad, filled with pumpkin seeds, chickpea sprouts and pomegranate. So as part of a healthy, balanced diet, 'superfoods' are, on the whole,

Colourful, but are superfoods really that super?

rather good news. Just like the less glamorous old timers – beetroot, broccoli, tomatoes, eggs, apples, salmon, mackerel, lentils, bananas and barley. Spinach and brown rice are every bit as nutritious as kale and spirulina, but the latter seems more glamorous, at once exotic and unknown. The fact that some half-baked film star espouses a new and unknown ingredient doesn't necessarily mean that it will change your life.

When it comes to marketing, superfoods rule. As do their 'super' inflated prices. I'm a long time lover of kimchee and sauerkraut, natural yoghurt, blueberries, seaweed, oily fish and god knows how many other media friendly mouthfuls. But it's because I like their taste, rather than some miraculous power they possess. No one ingredient will ever help salvage a rotten diet. And I'm no nutritionist or dietician (thank god), but when it comes to eating well, common sense is paramount. By all means, revel in the so-called 'superfoods'. But don't for a second imagine that they'll take the place of an old-fashioned, balanced diet. As Michael Pollen, author of the excellent *In Defense of Food*, puts it so succinctly. 'Eat food. Not too much. Mostly plants.' Now that really is 'super' advice.

EDITOR'S CHOICE – HEALTH KICKS

REDEMPTION

Laying claim to being the capital's healthiest restaurant, Redemption serves up vegan, sugar-free and wheat-free food in an – and this is key – alcohol-free bar. As they say: 'Spoil yourself without spoiling yourself.'

320 Old Street EC1V 9DR; 020 7613 0720; redemptionbar.co.uk

THE GATE

Back in 1989, before vegetarian restaurants were anywhere near being fashionable, Adrian and Michael Daniel opened The Gate and its longevity speaks volumes about the stunning food they conjure up.

370 St John Street EC1V 4NN; 020 7278 5483; thegaterestaurants.com

WRIGHT BROTHERS

Located in the heart of Old Spitalfields Market, Head Chef Richard Kirkwood's seasonal menus feature the finest quality fish, seafood and selection of oysters, sustainably sourced and wonderfully fresh. You'll feel great post-meal

8a Lamb Street E1 6EA; 020 7377 8706; thewrightbrothers.co.uk

EXCEPTIONAL BRITISH CUISINE

by Mark Sargeant

PLUM + SPILT MILK

GREAT NORTHERN HOTEL · KING'S CROSS ST PANCRAS INTERNATIONAL STATION · PANCRAS ROAD · LONDON · N1C 4TB

WWW.PLUMANDSPILTMILK.COM · **RESERVATIONS**@PLUMANDSPILTMILK.COM · T: 020 3388 0818

Santa Remedio offers a wonderfully varied menu

The ideal remedy

Santo Remedio – an intimate two-storey, 45-cover restaurant specialising in proper Mexican food, with vibrant dishes and a modern take on traditional specialities – is now open in the heart of Shoreditch. Santo Remedio, meaning 'Holy Remedy', is the first restaurant from passionate husband and wife team, Edson and Natalie Diaz-Fuentes. The menu pays homage to 'Anojitos Mexicanos', the wonderfully varied street food of Mexico.

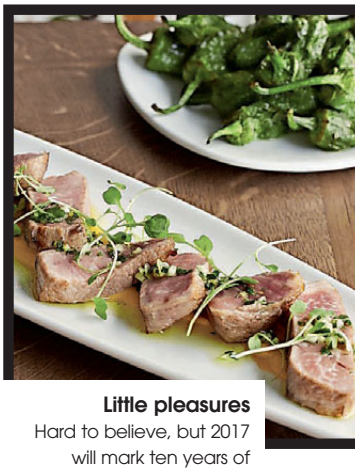
22 Rivington Street EC2A 3DY; 020 7033 7825; santoremedio.co.uk

FOOD *NOTEBOOK*

Experience the best of global cuisine

NIGHT TO REMEMBER

Food lovers can discover the secrets of Mediterranean cooking from one of the UK's top chefs at a special event this month. On 18 May the Crystal (thecrystal.org), at Royal Victoria Dock, will host An Evening with Theo Randall, where guests will enjoy a special menu.



Little pleasures

Hard to believe, but 2017 will mark ten years of Camino in King's Cross, but before that landmark anniversary we can enjoy a new spring tapas menu created by Head Chef Nacho de Campo. Expect the classics – the finest cheeses and meats – but also some rarities, like Octopus with chickpea and beetroot puree.

3 Varnishers Yard N1 9FD; camino.uk.com

Tails you win

Smokey Tails, the cult 'Beats & Eats' pop-up created by DJ Seth Troxler, Wilderness co-founder Jo Vidler and flavour technician Jona Ahearne, will be taking up permanent residence in the heart of East London's thriving food scene at Hoxton Square Bar and Kitchen. The 64-cover Smokey Tails restaurant will offer lazy lunch and Midwest weekend brunch options, with a snack menu of 'hand to mouth' food served throughout the adjoining bar area.

2-4 Hoxton Street N1 6NU; hoxtonsquarebar.com

PERFECT INGREDIENTS

One of London's most exciting bar brands, The Cocktail Trading Company, has opened on Brick Lane. Offering the brand's quirky trademark cocktails and lively, down-to-earth vibe, CTC Brick Lane will also feature a bar school and an in-house distillery. Cocktails, all priced at £9, will be delicious and served in eye-catching of bespoke vessels. 68 Bethnal Green Road E1 6GQ; thecocktailtradingco.co.uk

FATHER'S DAY FEASTS

by Mark Sargeant

32-day aged Mey Selections' Beef Wellington

PLUM + SPILT MILK

GREAT NORTHERN HOTEL · KING'S CROSS ST PANCRAS INTERNATIONAL STATION · PANCRAS ROAD · LONDON · N1C 4TB

WWW.PLUMANDSPILTMILK.COM · **RESERVATIONS**@PLUMANDSPILTMILK.COM · T: 020 3388 0818

We provide multi-activity holidays for children and teens (7-17 years) from all over the world. Every day is action-packed with a range of outdoor pursuits, cultural excursions, language courses and sporting activities. It's about helping our campers to grow as people – giving them the time of their lives in a secure, safe, purpose-built resort in the spectacular Swiss Alps. There really is no other camp like it.

Individual camps (one and two weeks) run from June to August – we also welcome school and group trips throughout the year.

Camp Suisse

TO FIND OUT MORE
call +44 (0) 845 5191 031 or **email** info@campsuisse.com
WWW.CAMPSUISSE.COM

OUTER LIMITS

It's time to take your workout outdoors. Update your kit with the electric SS16 collection from Lucas Hugh London. The moisture-wicking, quick-dry leggings (£145), breathable mesh T-shirt (£135) and lightweight azure sports bra (£90) will help you keep your cool in the sun. See lucashugh.com or net-a-porter.com

HEALTH & FITNESS NOTEBOOK

Shona Wallace's picks of the latest in wellbeing

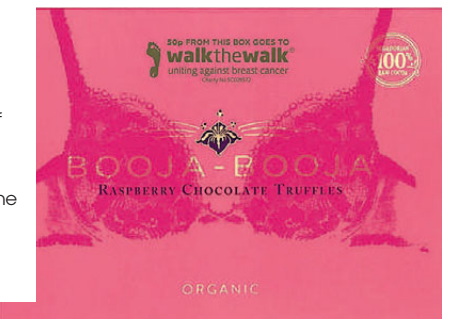
The Model Method

Combining Pilates with fat-burning bursts of HIIT, the Model Method by Pilates PT Hollie Grant is a personalised at-home programme designed to sculpt the body without bulking. Following an online consultation, the team will design a six-week plan based on your fitness levels and goals, consisting of flexible workout videos, a starter pack from Lifebox Food Co and Grant's Nourish cookbook.
The Model Method is £120 for six weeks; themodelmethod.com

BUY OF THE MONTH

Eau de Rhubarbe Éclarate is the creation of Perfumer-Designer, Christine Nagel, who sought to capture the scent of freshly-picked rhubarb stalks. Eau de cologne, 100ml £75 at uk.hermes.com

Charitable Chocolates
Booja Booja, the chocolatier of choice for health-conscious Londoners, has joined forces with Walk the Walk to create a limited edition box of Raspberry Chocolate Truffles. The scrumptious, dairy-free treats are full of nutrient-rich ingredients, including coconut oil and raw cacao, and 50p from each box goes directly to Walk the Walk breast cancer research.
£4.99 at Selfridges; boojabooja.com



3 of the best: NUT BUTTERS

TASTY ON TOAST
Raw Health Cacao Brazil Bliss Spread, £4.69 at planetorganic.com

BEST FOR BLISS BALLS
Triple Nut Butter, £4.75 at harveynichols.com

TRY IN A CHEESECAKE
Pip & Nut Honey Cinnamon Cashew Butter, £3.99 at sainsburys.co.uk

THE GOWER SCHOOL

Outstanding or Excellent in every area

Independent Schools Inspectorate

Across the EYFS, children display high levels of personal development for their age. They are confident, independent learners who are extremely happy in their environment.

ISA INDEPENDENT SCHOOLS ASSOCIATION

- Montessori Accredited nursery and primary
- Exceptional, child centred care and education for 0–11 year olds
- The village Montessori school in the heart of the city

Nursery: **020 7700 2445** • Primary: **020 7278 2020**

www.thegowerschool.co.uk

NOTEBOOK TUTORS

WE PROVIDE ONE-TO-ONE HOME TUITION WITH EXPERIENCED TUTORS

Notebook Tutors is a tutoring agency with a different ethos. We work hard to ensure your child understands the fundamentals, and that they can apply what they have learned. Learning is a process that takes time: our students are continually progressing, which builds their confidence as well as their knowledge. We have tutors for all subjects from KS1 to A-Level.

We operate in North-West, West, and South-West London.

CALL US TODAY TO DISCUSS HOW WE CAN HELP

0207 625 8731

info@notebooktutors.co.uk / www.notebooktutors.co.uk

Co-educational
Prep · Senior · Sixth Form

0207 307 8700
admin@portland-place.co.uk
www.portland-place.co.uk

PORTLAND PLACE SCHOOL

PERSEVERE PERFORM SUCCEED

We are pleased to announce

THE OPENING OF YEAR 4 ADMISSIONS

for entry in **September 2016**

Admissions are also currently open for limited places in Years 5 to12

THE GOOD SCHOOLS GUIDE AWARDS 2015

Alpha Plus
the gold standard in education

THE CLEVER CONUNDRUM

Having a 'gifted and talented' child can be a mixed blessing if they are not sufficiently challenged

Words MARINA GASK

Have you noticed that your child develops skills way faster than his or her classmates? Do they ever get called 'geek', 'brainiac' or 'overachiever'? Children who are well ahead of their peers – sometimes referred to as 'gifted and talented' or having 'high learning potential' – may excel in academic subjects such as maths or English, practical subjects such as music, sport and performing arts, or they may have natural leadership and problem-solving skills.

While parents of the super-bright may rejoice in their child's potential, they may also find that others delight in cutting their 'tall poppy' down to size – whether that's other parents, children or even teachers. Being naturally bright should not be a burden – but sometimes it can be.

Apart from the potential for being made to feel different, there is a danger of super-bright pupils getting so bored by the curriculum that they switch off and end up under-achieving. Says Jeremy Reynolds, formerly an advisor on gifted and talented pupils in Hertfordshire: 'They might well be bored in lessons and that can manifest itself in being disruptive, in disaffection or being quiet and doing their own thing.'

They also may feel they're the only one who's ahead of the pack academically and this can make them feel isolated – so finding and meeting equally gifted students outside of the school environment is important.

There's also the danger that they feel under pressure to shine, and this can lead to perfectionism. Says Reynolds: 'Children need to be challenged and to learn how to get things wrong and how to deal with it. If they're defined as being clever and getting things right all the time it's a big shock to the system when they get something wrong for the first time.'

Children need to learn how to get things wrong

If they're real all-rounders your child might burn themselves out trying to balance everything. Giving them opportunities to unwind and be silly is vital, so don't fill every spare moment with improving activities. 'And to help ease the pressure it's important to praise them for effort rather than being bright,' says Reynolds.

There is often a sense of relief for a child when they are told they're exceptionally bright. Knowing for sure that the way and speed they process information is genuinely different to their peers helps them to understand why they don't always 'fit' academically or socially, and to feel more at ease with themselves, especially if they are able to socialise with like-minded students.

Your child's teacher should provide greater challenges in lessons so they don't get bored and switch off, and perhaps offer further opportunities for them to develop their gifts or talents outside of the normal timetable. If this isn't happening, it's important to discuss it with the school. 'And if your child has a particular talent – if, say, they're county champion at judo – it's important to make the school aware, as there might be an outlet or opportunity to nurture it within the school,' says Reynolds.

Of course, some teachers can be overstretched, and this is why it's important to ensure your child is at the kind of forward-thinking school that provides clubs and societies like maths challenge, debating club and chess club. And look at activities, events and clubs beyond the school, like Tomorrow's Achievers (tomorrowsachievers.co.uk) and Potential Plus (potentialplusuk.org).

Reynolds is now Director of The Scholars Programme at Villiers Park Educational Trust (villierspark.org.uk) near Cambridge, which plays an important role in making sure bright children from less advantaged backgrounds reach their full potential. 'These programmes give pupils a chance to link with similar kids from other schools and do challenging activities outside the classroom, so their mind gets the chance to roam free. With more able children it's important that their potential is realised – and that they feel they're not alone.'

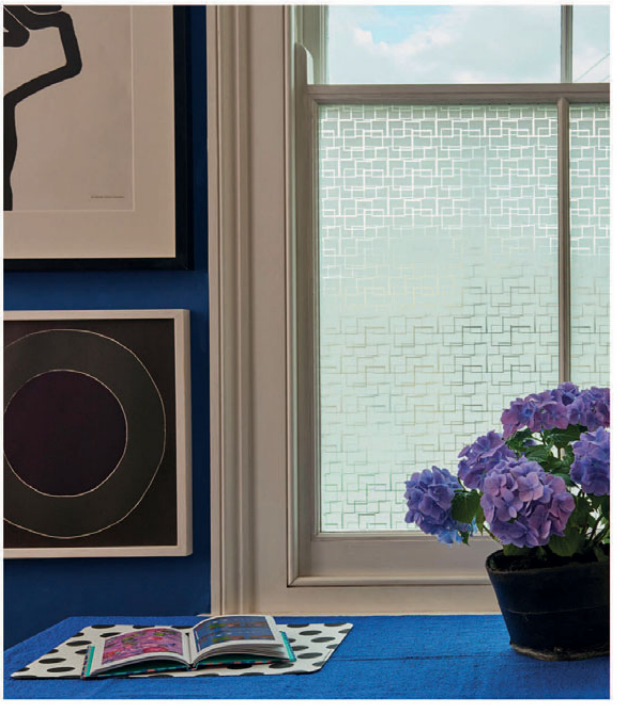
GARDEN DESIGN

Peter Reader Landscapes

Award winning gardens by design

www.readerlandscapes.com
0208 348 4730 | 07941 829 162
preader@readerlandscapes.com
Highgate, London N6

WINDOWS AND DOORS



www.brume.co.uk
decorative window film

HOME SERVICES

CLEANER TEAM
Cleaning Services in London
Because We Care

Reliable and trustworthy with over 10 years experience

Regular Domestic Cleaning | Office Cleaning | Spring Cleaning
Move Out/In Cleaning | Carpet & Upholstery Cleaning
Window Cleaning | Handyman Services | Removal Services

www.cleanerteamuk.com | 0208 2200 324
office@cleanerteamuk.com

SASH WINDOWS

SASH RESTORATIONS LIMITED

- Sash window draught proofing,
- Repairs and replacements.
- Quality hardwood sash windows and doors.

Free survey
Fast & reliable service

FENSA Registered Company

Tel: 0800 085 4566 / 0207 127 5331
www.sashrestorations.co.uk

Planning your *big day*?
Don't know *where to start*?
You're only a *click* away.

bride

www.weddingsite.co.uk

PROPERTY

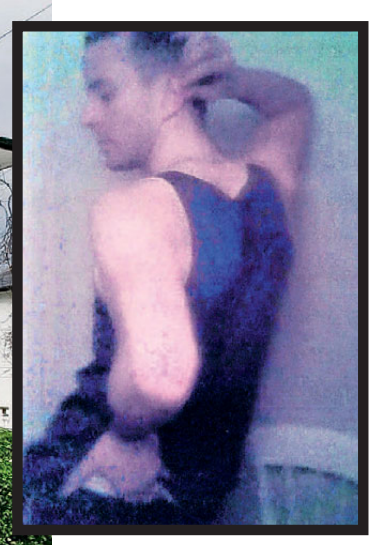
{NORTH LONDON'S MOST DESIRABLE HOMES}

CONTEMPORARY CHIC

The St Peter's Street home that mixes past and present

Opening this month's property section is an elegant family home in the heart of Islington, recently refurbished in a fabulous and striking contemporary style, whilst retaining many period features. Set over four floors, the house has three double bedrooms and two reception rooms, as well as an open plan kitchen/dining room.

St Peter's Street N1, guide price of £2.1m, through Savills Islington; 020 7226 1313



David Gwinnutt's double life: marketing properties like Furlong Road, and his shot of Jonny Woo

ANOTHER LIFE

David Gwinnutt of Currell is well placed to comment on the Islington market – not to mention the art world too

Words MARK KEBBLE

At Currell on 20 April, we will see something slightly different when it comes to Islington's estate agents – your own exhibition. How does photography fit in with the day job?
Surprisingly easy! I don't have to make the photos for a deadline or anyone else, so I do them in my free time. It all feels very complementary to Currell as they are big supporters of local artists.

Are all the photos exhibited from around the Angel area?
Mostly yes and East London – Dalston, Hackney, Whitechapel, all the main areas Currell cover, which is the connection for the show. I lived in Arlington Square in the early 80s and East London has been transitioning in recent years, producing lots of interesting artists and performers to photograph.

What's your favourite photograph?
My favourite changes all the time and it's usually the one I'm looking at in that moment. Today, though, two are my favourites: one of performance artist Mr Teds Walker on his bed. I love the colours and the mood, it feels Hopper-esque. It looks like someone else's work, not mine, and I love that. The other is a small portrait of 'guerrilla drag artist' Jonny Woo. It's like a small Degas painting and again not like my usual work.

The junction of Essex Road and Cross Street feels like it's about to really blossom

If you were training your lens on one particular part of Islington for its buoyancy, where would it be?
The area at the junction of Essex Road and Cross Street. It's still a bit 'earthy' at the moment, but it's going to be really hip. There are already some very interesting specialist shops including an art gallery and it feels it's about to blossom. I even saw two new boutiques there today.

How has 2016 gone so far at Currell?
Well this show attests to it going well on a personal level! In my work role it's been excellent, lots of great instructions, all selling well, some great vendors and we have a happy team. Work is genuinely a pleasure, not a chore, and the market is 'coming back'.

Is there one particular property on your books that's a stand out for you – if so, why?
Yes, we have a large house in Furlong Road, which has the most wonderful garden and lots of potential to develop the house, which has excellent proportions. It's already a very grand home, but would be even more exceptional with a lot of imagination – and a good builder.

David Gwinnutt is Senior Valuer at Currell, 321 Upper Street N1 2XQ; 020 7226 4200; currell.com

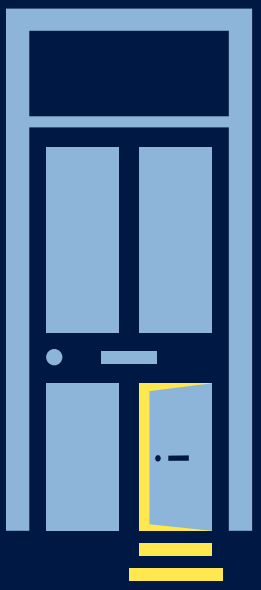
RESTORATION PERIOD

Heading inside a beautifully refurbished Georgian terraced house

This stunning property is mainly arranged over three floors, but has also been extended at roof level with a light-filled study or fourth bedroom with large roof terrace. The property is situated in the very central and sought after Colebrooke Row Conservation Area, literally a stone's throw from Islington Green.

The house has been the subject of an exacting restoration throughout using high quality materials, including solid stained oak wood flooring throughout the living area, white granite kitchen work island, Gaggenau integrated oven and microwave, integrated Neff fridge and freezer. The first floor master bedroom boasts high ceilings and large sash windows with custom-made wardrobes and large double doors leading to a superb en-suite bathroom with freestanding Corian bath and large double shower. The second floor has two double bedrooms with a large bathroom with separate shower and cast iron radiators.

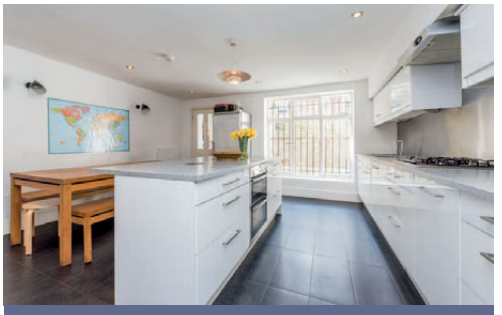
Colebrooke Row N1, £1,999,999 Freehold, through sole agents Carlton. Contact them on 020 7359 0000 or visit carltonestateagents.co.uk



Open new doors
Move with Savills

CANONBURY Guide £775,000

COMPTON TERRACE N1 826 sq ft
1 1 1 GRADE II

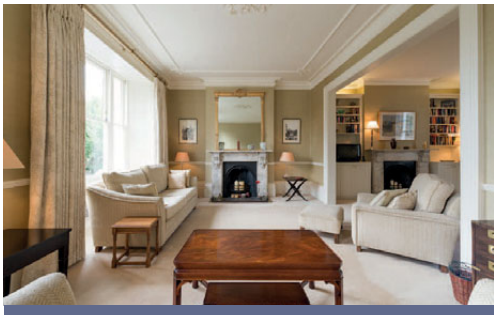


BARNSBURY Guide £1,999,999

BARNSBURY ROAD N1 2,179 sq ft
5 2 3 GRADE II

HIGHBURY Guide £1.55 million

ABERDEEN PARK N5 1,520 sq ft
3 2 2 EPC=D

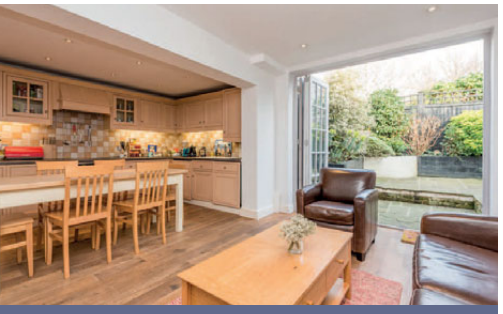


BARNSBURY Guide £3.95 million

RICHMOND AVENUE N1 3,243 sq ft
6 2 4 EPC=D

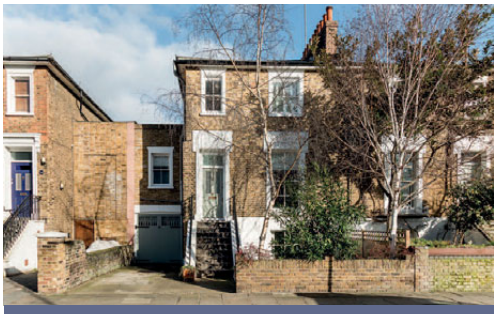
BARNSBURY Guide £550,000

HEMINGFORD ROAD N1 472 sq ft
1 1 1 EPC=D



BARNSBURY Guide £1.1 million

HEMINGFORD ROAD POST 1,048 sq ft
3 1 2 EPC=D



DE BEAUVOIR Guide £1.475 million

DOWNHAM ROAD N1 1,820 sq ft
4 3 3 EPC=E

ANGEL Guide £638,500

UPPER STREET N1 570 sq ft
2 1 1 EPC=B

OnTheMarket.com

Call us 7 days a week
on 020 7877 4640

savills.co.uk

savills

HOLLOWAY Guide £695,000

SHELBURNE ROAD N7 — 721 sq ft
2 1 2 — EPC=E

BARNSBURY Guide £2.35 million

GIBSON SQUARE N1 — 1,758 sq ft
3 2 1 — GRADE II

ISLINGTON Guide £4.25 million

MYDDELTON SQUARE EC1R — 3,705 sq ft
5 5 5 — GRADE II

BARNSBURY Guide £899,950

HEMINGFORD ROAD N1 — 1,014 sq ft
3 1 1 — EPC=D

HIGHBURY Guide £5.56 million

HIGHBURY PLACE N5 — 4,046 sq ft
6 3 3 — GRADE II

HIGHBURY Guide £799,950

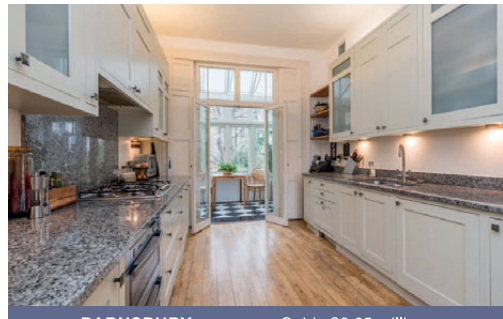
HIGHBURY GROVE N5 — 978 sq ft
2 1 2 — EPC=B

ANGEL Guide £499,950

ALMEIDA STREET N1 — 477 sq ft
1 1 1 — EPC=D

HIGHBURY Guide £1.85 million

RIVERSDALE ROAD N5 — 2,007 sq ft
5 2 3 — EPC=D



BARNSBURY Guide £2.25 million

THORNHILL SQUARE N1 — 2,018 sq ft
4 3 3 — GRADE II

CANONBURY Guide £950,000

ALWYNE PLACE N1 — 705 sq ft
2 1 1 — EPC=D

From houses in Highbury to apartments in Angel, contact Savills Islington for all your property needs.

Move with Savills

HOMES TO VIEW

ENGLEFIELD ROAD
N1 – FURNISHED

£495 per week – 2 bedrooms
EPC rating: C | Ref: 94452

A bright and airy, two bedroom raised ground floor apartment within an imposing Victorian building. Well presented and with excellent natural light throughout, the apartment boasts a stunning reception room with particularly high ceilings that leads to a contemporary kitchen and dining area.

020 7354 6666
islington@cluttons.com

PENINSULA COURT
N1 – FURNISHED

£585 per week – 2 bedrooms
EPC rating: B | Ref: 94454

A spacious apartment situated in this sought after modern development with an excellent specification close to Angel. The apartment benefits from an oversized reception area and two well proportioned double bedrooms, one with contemporary en suite bathroom.

020 7354 6666
islington@cluttons.com

MATTHIAS APARTMENTS
N1 – LEASEHOLD

£969,995 – 2 bedrooms
EPC rating: D | Ref: ISL150064

An impressively high specification apartment set on the top floor of this small modern development, with two balconies and in excellent condition. The apartment has a wonderful feeling of light and space throughout, with larger than average hallways and plenty of storage.

020 7354 6666
islington@cluttons.com

THE OLD SCHOOL
WC1R – LEASEHOLD

£1,350,000 – 2 bedrooms
EPC rating: C | Ref: ISL160027

A stunning two bedroom, two bathroom apartment set on the top floor of this converted Victorian school, situated in the heart of Bloomsbury. The apartment retains some wonderful character features such as the original timber beams and vaulted ceilings and large windows.

020 7354 6666
islington@cluttons.com

Currell

Hemingford Road, N1

£2,200,000 Freehold

A four storey Grade II listed family home, set within the heart of the Barnsbury Conservation area. Angel and King's Cross stations are nearby.

Four bedrooms | Double recption | 2000sqft | Period features | Rear garden

Islington
Sales: 020 7226 4200
Lettings: 020 7288 9109
islington@currell.com

currell.com

Currell

Colebrooke Row, N1

£2,950,000 Freehold

An attractive Victorian freehold property in the heart of Islington comprising two separate apartments. Available to buy as a whole or individually.

Off street parking | Garage | Garden | Period features | EPC: Pending

Two bed ground & lower ground: £1,295,000 (Share of Freehold)
Four bed upper triplex: £1,695,000 (Share of Freehold)

Islington
Sales: 020 7226 4200
Lettings: 020 7288 9109
islington@currell.com

currell.com

CARLTON

ISLINGTON'S ESTATE AGENT

SALES

Sudeley Street, N1

A beautifully presented three bedroom, early Victorian house adjacent to Regents Canal. EPC:C

Freehold £1,975,000

SALES + LETTINGS 020 7359 0000

carltonestateagents.co.uk

CARLTON

ISLINGTON'S ESTATE AGENT

LETTINGS

Highbury New Park, N5

A stunning two bedroom, two bathroom flat spread over 900 sq ft. EPC:D

£850 Per Week*

SALES + LETTINGS 020 7359 0000
carltonestateagents.co.uk

* Please note administration and reference fees will apply

Winkworth

Experience
the difference

Find your sea view

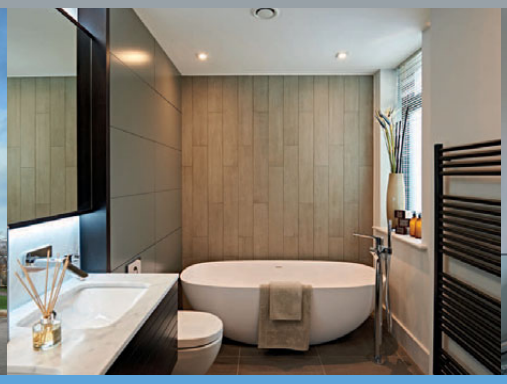
Come and meet the Winkworth Spain team on stand C71 at **A Place in the Sun**, London (Olympia) on **Friday 6th**, **Saturday 7th** and **Sunday 8th May**, and for free tickets to A Place in the Sun visit **www.winkworth.es** to download your exclusive free tickets.

To contact the Winkworth team call **+34 952 880 942**.

A Place in the Sun

A Place in the Sun Live, Europe's largest overseas property exhibition returns to Olympia London, 6th - 8th May 2016. Over 170 exhibitors will offer advice on property, finance, tax and legal matters. Amanda Lamb, Jasmine Harman, Laura Hamilton and Ben Hillman attend with host Ryan Philpott

PART EXCHANGE AVAILABLE



THREE BEDROOM HOUSES FROM £1,395,000
FOUR BEDROOM HOUSES AT £1,750,000

NØRD ØNE.
Islington. N1

The interior-designed spaces of **NORD ONE** highlight's the emphasis on luxury and every finish reveals expert care and consideration.

- Luxury specification with appliances from leading manufacturers
- Spacious 1,363ft^2 to 1,810ft^2 layouts
- Located on your doorstep is Barnard Park, which boasts an expanse of green, a football pitch and a children's playground
- Easy transport links to the entire Capital
- Minutes from Central Islington and Angel Station

SHOW HOME OPEN:
SATURDAY & SUNDAY
10:00AM - 5:00PM
(VIEWINGS BY APPOINTMENT: MONDAY - FRIDAY)

020 8003 6855

Higgins

www.higginshomes.co.uk

The resident

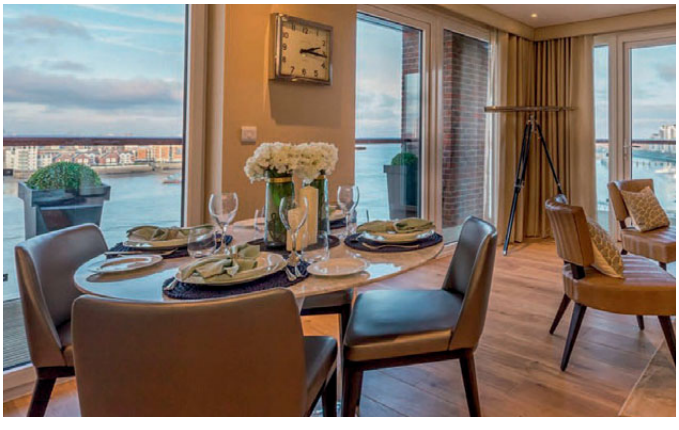
Get your daily fix of London life at ***theresident.co.uk***

GOURMET + LONDON CULTURE + HOMES + LIFESTYLE + EDUCATION

Online NOW

EXPERT ADVICE ON THE LONDON PROPERTY MARKET

PROPERTY OF THE DAY:
FIND YOUR DREAM HOME



FIRST LOOK
NEW DEVELOPMENTS

REGENT APARTMENTS

75% already sold

Luxury 1, 2 & 3 bedroom apartments in fashionable N1

Superior specification throughout / Canalside location /
Concierge service / 10 minutes walk from Old Street and Angel tube stations

0344 809 9159
RegentApartments.co.uk

Prices from £585,000

Marketing Suite Open Daily / 1 Wenlock Road, London N1 7SL

CITYSTYLE
PART OF ONEHOUSING GROUP

Help to Buy

site sales

*Prices correct at the time of going to press. Image is a computer generated artist impression. Travel times are approximate and have been obtained from google.co.uk/maps Help to Buy available on selected plots only with a maximum value of £600,000. Eligibility, terms and conditions apply.

Nile Street, Islington N1

An amazing split level factory conversion

This beautiful factory conversion near Old Street showcases impressive open plan living space with the classic features of warehouse urban living. 3 bedrooms, 3 bathrooms, 2 large reception areas, utility room and large roof terrace. EPC: B. Approximately 236 sq m (2,545 sq ft).

Available unfurnished

KnightFrank.co.uk/lettings
islingtonlettings@knightfrank.com
020 8166 7502

Guide price: £1,850 per week

KnightFrank.co.uk/ISQ212274

All potential tenants should be advised that as well as rent, an administration fee of £276 and referencing fees of £48 per person will apply when renting a property. Please ask us for more information about other fees that may apply or visit KnightFrank.co.uk/tenantcharges

@KnightFrank
KnightFrank.co.uk
OnTheMarket.com
ARLA

Knight Frank

Town
or country

We understand what makes a property unique to its environment and the market.

Combine this with our expert consultation and we'll find you the right kind of buyer or tenant. Wherever you are.

To speak to your local Knight Frank team and arrange a free market appraisal please contact us on 020 8166 5286 or email islington@knightfrank.com

KnightFrank.co.uk
islington_N1
OnTheMarket.com
Association of Residential Letting Agents
LICENSED MEMBER
ARLA

COLEBROOKE ROW, N1

A quite outstanding and well proportioned Georgian house,
which has been the subject of a meticulous refurbishment.

Freehold £1,999,999

CARLTON

ISLINGTON'S ESTATE AGENTS

0207 359 0000 | CARLTONESTATEAGENTS.CO.UK